



Upper Springfield Whiterock Neighbourhood Renewal Area Annual Report 2014 to 2015



The comments and views included in the narrative of this report are those of the Upper Springfield Whiterock Neighbourhood Partnership and may not reflect or represent the views of the Department for Social Development.

Upper Springfield Whiterock Neighbourhood Renewal Partnership

ANNUAL REPORT

01 April 2014 to 31 March 2015

About Neighbourhood Renewal

The Neighbourhood Renewal Programme aims to reduce the social and economic inequalities which characterise the most deprived areas. It does so by making a long term commitment to communities to work in partnership with them to identify and prioritise needs and co-ordinate interventions designed to address the underlying causes of poverty. Neighbourhood Renewal Partnerships (NRPS) were established to be representative of local community interests together with appropriate government departments, public sector agencies, private sector interest and local elected representatives.

About the Partnership

The partnership provides leadership and a governing role through articulating the area's needs/aspirations. It also helps to strengthen local voices, improve people's lives and create a better place to live. The partnership is the governing body and works through thematic issue based groups - Children, Young People & Families, Community Services, Health & Well Being, Education & Training. The partnership identified Children Young People & Families as the area's overarching priority. The thematic groups have identified area priorities and are working towards developing a strategic plan for the area

The partnership vision for the future is that:

“All children, young people and their families from the Upper Springfield and Whiterock will be free from poverty and disadvantage, will have maximum opportunities to realise their full potential, will be treated equally and respectfully and will play a central role in influencing and shaping interventions which directly impact on their lives.”

The partnership consists of local residents (represented through the Federation of Residents), elected representatives, the lead body Upper Springfield Development Trust, Belfast City Council, the Department of Social Development. The Chair and Vice Chairperson of each thematic group are also members of the Partnership governing body.

Each thematic group has its own membership which comes from across the community, voluntary and statutory sector including service delivery partners. In the coming year we will continue to engage with statutory sector to ensure real partnership working. The partnership and thematic groups meet monthly/bi monthly and are supported by the NR staff.

The partnership will bring about lasting change to people lives in the Upper Springfield Whiterock area. Working together at a strategic level, organisations can add value to existing activity, rather than duplicating or replacing it. Providing strategic co-ordination ensures that initiatives and programmes work together. The partnership continues to identify and collaborative areas of work, cross thematic working to ensure best use of resources and to ensure services delivered meet need.

Upper Springfield Whiterock Integrated Partnership Priorities

Overarching Priority for the area is Children Young People & Families

Children Young People & Families Priorities

- Priority 1:** To develop research into the impact of child poverty & welfare reforms in the USW area
- Priority 2:** To develop a 'continuum of support' for young people / local youth service provision
- Priority 3:** To develop a 'hub' to improve access of local families to children, young people's and family services (Family Hub)
- Priority 4:** To develop strategic approaches to key opportunities to develop children's, young people's and family services

Education & Training Priorities

Mission Statement: To develop a range of interventions specifically designed to raise the aspirations/ ambitions and educational attainment in the USW

- Priority 1:** To develop a collaborative programme to raise the literacy and numeracy levels across the Upper Springfield Whiterock area.
- Priority 2:** Identify local children & young people at risk of dis-engaging from school/training
- Priority 3:** To develop a range of interventions and programmes which help address the barriers which many local families face and which directly impact on the education of local children.

Health & Well Being Priorities

- Priority 1:** Development of the Community Health & Wellbeing Hub
- Priority 2:** The development of a robust response to sudden death
- Priority 3:** The development of an area wide obesity programme
- Priority 4:** The development of an area wide resiliency programme
- Priority 5:** To promote breast feeding in the area

Community Services Priorities

- Priority 1:** To promote and develop the physical, social and environmental regeneration of the Upper Springfield/Whiterock area
- Priority 2:** To ensure the provision of high quality, confidential welfare & housing advice; including a housing forum
- Priority 3:** To develop a multiagency approach to community safety.

The Partnership

Our area partnership seeks to help the area through a community development approach. This strengthens the community by improving individuals and groups' knowledge, skills, confidence, motivation, networks and resources. It tackles real issues, for example, better health, education, more jobs, less crime, and making sure public services work with people in tackling these issues. The partnership is made up of many people and organisations from across the local area, and demonstrates the desire to resolve the problems to secure a better future for all.

This collaboration can make a significant contribution to reducing social exclusion and to closing the inequalities gap. The partnership tries to ensure everyone working in the area do things better, more efficiently: ensuring local people have the best access to services and lifetime opportunities.

Over the last year the partnership have been busy developing their own specific projects as well as area wide collaborative initiatives. The partnership has undergone a comprehensive renewal process since 2010 with the overall ambition to look critically at its role and potential to bring about lasting change. The partnership is currently reviewing its work so as to complement Belfast City Council's 'Community Planning' agenda and to ensure our structures meet area need.

The partnership have identified key priorities such as:

The development of the '**Community Corridor**', in which partnership members are working with Belfast City Council to help ensure the transformation of the land between the Whiterock Road and the Leisure Centre into an integrated community area provision. BCC have committed £1.7m and are working with DSD and partnership members to advance the project's various elements.

Poverty Research

Partnership continue to research into the impact of poverty on families living in the area and with Whiterock Children's Centre, supported by the partnership organised a Conference to look at impact of child poverty locally 'Our children Our Future'.

In 2015 the area faces significant challenges. Many organisations are already feeling the impact of cuts to budgets and with the prospect of further cuts; many organisations are considering the future and what the likely impact will be to a reduction in services we can deliver to local residents. A further challenge for the partnership is the prospect that many residents already struggling and making the difficult choice between the family eating or heating the family home may also suffer cut to household income. Local organisations predict that a cut in in family benefits will result in greater to demand for services in an area that is already the most deprived in the north of Ireland and may also face a loss of services.

Community Development

This year the partnership also worked with local residents' associations to develop a number of sites: Corrigan Village concept, the old adventure playgroup at Turf Lodge, Sliabh Duibh's proposed new play park, possible development of the old NSPCC Moyard facility. We have also supported initiatives such as Gort na Móna GAA Club and Holy Trinity Primary School in the design of preliminary drawings for a synthetic sports pitch (3G/4G) that will replace the school's existing upper playground and vacant land. Planning permission for this has now been granted. In addition we supported the development of a report to identify options for the development of three standalone sties at Pat O'Hare Play Park, O'Donnell's GAA pitch and Haribo site at Beechview Pass, located in and on the periphery of Westrock Whiterock estate.

Community Empowerment

In 2014/15 residents raised concerns about an increase in crime and anti-social behaviour locally. In response to these concerns the partnership facilitated a number of meetings between the community, political representatives, residents' groups and a range of multi agencies to discuss how there may be a collective resolution to these issues. Since these early meetings we have established a Community Empowerment Steering Group and a working group which has been tasked to drive this forward. This remains key to the partnership work for the year ahead.

Family Support Hub 2014 also saw the development of a Belfast Trust Pilot Project – the Upper Springfield Whiterock Family Support Hub, the lead organisations nominated locally is Whiterock Children’s Centre. This continues to progress and referrals to the FSH continue to increase.

The partnership has been involved in discussions with a range of external bodies to ensure services and investment are brought into the area. The project facilitated discussions locally on initiatives such as the Social Investment Fund and Community Planning.

Members continue to identify opportunities to work better together, identify areas for collaboration and partnership working and further develop the good achieved in the past few years and will continue to review our working to ensure operational and strategic alignment.

Upper Springfield Whiterock Partnership Projects

The Neighbourhood Renewal Investment Fund is currently supporting five themes in the Upper Springfield Whiterock Neighbourhood Renewal area as follows:

Community Renewal

1. **Delivering Effective Community Services** – the project’s aim is to provide benefits across the NRA by ensuring equal access to a range of community based services and other key government programmes aimed at improving quality of life for people in disadvantaged communities.

Partners funded through NR: Upper Springfield Development Trust, Neighbourhood Renewal and Ardmonagh Family and Community Group

Neighbourhood Renewal

NR team continue to support the partnership’s work through policy and administrative support to the executive group, the chairs, theme team and working groups.

Example of work includes:

- Coordinated a range of single issue meetings, information sessions, joint thematic meetings, partnership review days/planning days to progress collaborative and partnership working
- Continue to support regeneration projects such as Corrigan Village
- Continue to support new initiatives such as development of Community Empowerment Programme - to identify how community, voluntary and statutory agencies can work together to address increased level of crime and anti-social behaviour



- Continue to increase communication and promote local services via website, social media, Twitter, Facebook, e-zines etc.
- Assisted with campaign against the cut to NR budget, using social media, Twitter, press releases, organising photo shots and media coverage
- The partnership organised a calendar of events throughout the year which builds on previous years;
- Developed E-zines/poster campaign to raise profile of local education courses, posters advertised in local shops & business
- Produced a summer programme which all local service delivery partners contributed to. The programme was delivered to every home and business in the area.
- Supported the Events committee and coordinated a number of local events such as Community Health & Family Fun Day 8th August; October Halloween lantern parade and Monsters' Ball; December – 'Santa Claus is Coming to Town' and mini market, Christmas card competition which was distributed to every house in the USWNRA, inviting residents to the Christmas event, posters and leaflets distributed locally and advertised on social media.
- We also organised an event in December focus was to provide information to residents about benefits available and grant information about improving home insulation etc.
- March - health event & jobs fair range of employers who were actively recruiting on the day.

Community Health & Family Fun Day 8 th August 2014		
		
<p>Young People at CHFFD 8th August</p>	<p>Junior Minister McCann calling out winners of our free ballots</p>	<p>One of our partners doing story time</p>

		
<p>Residents enjoying the event – just before the rain starts</p>	<p>Young People line up for Bouncy Castles</p>	<p>BBQ at the event</p>

Upper Springfield Development Trust

One of the ongoing issues in the community sector is to ensure people are influencers on the decisions that affect their lives. All too often there is a failure across government to ‘connect the dots’ between its regeneration strategies and the wider social and economic policies that play out in our area. Effective regeneration requires local communities’ empowerment through their involvement in the regeneration process. When communities have a major influence over the physical, social and economic development of their localities the outcomes for residents is far more positive and long-lasting.

People feel better when they have a say about what happens in their communities. They can make things better because they know what will work for them. People feel more confident and learn new skills when they have the right support. This can mean:

- more jobs;
- more access to services and support;
- less crime;
- better health;
- more equality.

Government recognise USDT and our other community partners as being a key link in the delivery of essential community services that helps to 'connect the dots'! In addition USDT's work helps to build social capital by providing local people with unique opportunities to get involved in their neighbourhood's development. But as the landscape for community development changes so often our sector has to think innovatively and creatively about new and different models of engagement. Over the past year USDT staff members have worked with many central and local government agencies to ensure we develop new ways of working to ensure services develop with meaningful input from the people in our area who are the supposed beneficiaries. For instance: we have supported better partnership working with communities and other key players; offered better solutions for local delivery mechanisms; helped to change public service providers' delivery mind-set; promoted sustainability and new ways of measuring impacts or outcomes.

But as we look to government to get things right USDT looks critically inward to ensure our work benefits the area. In the past year we developed a new and robust strategic plan to help build a resilient community where people can thrive. Managing with a clear vision, mission and strategy which produces lasting outcomes is vital for USDT. Over the next three years USDT will make the most of the opportunities and challenges that come our way. We will do this by:

- tackling social and community issues;
- building sustainable urban regeneration through 'capacity building' at local level;
- campaigning on the area's behalf;
- enhancing our area's physical infrastructure;
- provide service excellence through our various programmes

Upper Springfield Development Trust as the partnership's lead partner continues to play a pivotal role in ensuring the partnership's continued strategic development. USDT also provides finance and developmental support to organisations funded through DSD. The USDT CEO is the partnership's Vice-Chair. USDT staff provide support across all the theme teams and play a central role in the development of key projects in the area: community health centre, community hub, asset transfer, Family Support Hub, childcare rationalization, health and wellbeing *et al.* USDT CEO's office and USDT project managers provide invaluable policy development capability in core socio-economic areas, *inter alia*: social inclusion, organisational development, disability, health care, youth, urban regeneration, public art *et al.* USDT's senior management team and core managers provide connection to local and central government key personnel, local politicians and other key policy makers.

Upper Springfield Development Trust continues to play its role in ensuring the partnership achieves its vision. The organisation is committed to providing the highest standards of excellence. The work of all our teams has only one aim: to help the people the area. As part of our organisational development USDT were assessed and awarded the ISO 9001 standard in December 2012. The ISO 9001 is an internationally recognised standard for the quality management of businesses.

Ardmonagh Family Centre

This has been a very busy year for the Ardmonagh Family & Community Group; it has managed to maintain the delivery of its services:

- Day Care
- Family Support
- Family Contact
- Care Support & Respite Service
- Good Morning West Belfast Service.



We deliver these services directly to approximately 2,000 people a week; we work alongside various other organisations throughout Belfast and specifically in the Upper Springfield/Whiterock area. There are 77 people employed by this organisation which helps to make a major contribution to the local economy and the lives of the families of those who are employed by us. Our staff benefit from a range of training opportunities for their work and any future employment opportunities to advance their careers.

We work in partnership with key VCS and statutory agencies to ensure the most vulnerable in our community have access to services and to ensure the main government programmes are reaching down to those in most need, for example: Belfast City Council's 'Age Friendly Belfast' programme; Belfast Outcomes Group 'Family Support Programme'; OFM/DFM SIF programme; Department of Health's 'Reablement Programme' and its 'Self-Directed Support programme'. We are also working with the National Children's Bureau to embed an Outcomes Based Accountability model for all our work programmes; this is to enable us to measure the difference that we are making with the services that we deliver.

2. Housing & Environment - this theme team seeks to address housing and environmental problems in the most disadvantaged area of NI. The project seeks to support work to engage the residents of the NRA in developing interventions to improve the streetscape, reduce anti-social behaviour, vandalism and the negative impact these issues can have on families.

Partners funded through NR: Ardmonagh Family & Community Group, Resource Centre, and Corpus Christi Services

Ardmonagh Family Centre

Our advice service provides a vital lifeline to the local community; it deals with a vast amount of issues on a daily basis from welfare and benefit rights to community safety. The advice worker has been to the fore in providing leadership with others within the area to build a community infrastructure that is addressing the needs of the residents in housing and improving our environment, such as the upgrading of kitchens to homes in the Turf Lodge area and the environmental improvements to the shop fronts.

Corpus Christi Services



Corpus Christi Services (CCS) has a long history of advice provision within the area. We operate five days a week from a purpose built centre within the heart of the local community. We continue to offer a range of service delivery methods – drop-in, outreach, home visitation to the elderly, housebound and those most vulnerable and appointment based provision. The majority of advice provision is in the area of welfare benefits, housing, tribunal representation and advocacy. We partner with and take referrals from a number of other local community and voluntary organisations.

Recent change and reform in the welfare benefits have resulted in increased demand for advice provision, advocacy and representation. Complex application and appeal procedures further compound social exclusion and despair. CCS's advice centre is the sole independent advice provider for this area and the service operates at full capacity.

During the year under review CCS advice service received 6,717 enquiries and dealt with 3,842 clients regenerating £5,566,488.63 claw back into the community. This is a hugely conservative figure as Housing Benefit, Income Support and Incapacity Benefit are not recorded as clawback. CCS Welfare Advice Project continues to see an increase in clients and queries as a direct result of changes to the benefit systems, brought about by government initiative for Welfare Reform. Due to the demand and increase in Tribunal representation, CCS work closely with BCC/DSD funded 'Tribunal Representative Service' based in Ligonell. The service provides tribunal representative for West Belfast and has proved invaluable to CCS assisting in the reduction of appeal cases.

- All aspects of Social Security Benefits
- Housing
- Benefit Take-up Campaigns
- Pension Credits
- Debt Related Issues
- Tax Credits
- DLA
- Tribunal Representation

Resource Centre

The Resource Centre is based in the Frank Cahill Centre. The centre is opened each week day from 9.30am -4.30pm providing help and advice on a wide range of issues from welfare benefit entitlements, housing exchange, the environment (parks and gardens redesigned and build), and community safety. In addition, the Resource Centre staff has a

comprehensive network of resources to help with a diverse range of needs from simple photocopying and printing, to helping start up a community group, putting people in contact with other groups and agencies that can offer further support.

The Resource Centre will continue to be involved in the regeneration priorities developed through the appropriate theme teams. Currently members of the following themes teams: Community Services, Environment & Housing, and the Events' Group.



The Resource Centre won the ALPHA award for their Springhill Park development along with £5,000 towards further park play equipment and the opening of the new BCC MUGA sports pitch.

The Resource Centre coordinated several successful events in the Upper Springfield White Rock area with several thousand residents participating. These included: the senior citizens' annual festival, Christmas functions, family fun days, clean up campaigns, Save the Black Mountain events, Youth Camp Out and Walk, August Féile, Halloween and Christmas events and the Community Safety Project resulting in no bonfire and no interface incidents taking place in the area during the August 2014 period.

The centre also play a central role in Families Bereaved through Car Crime campaign and coordinated the launch of the new DVD and Internet anti-joyriding awareness initiative along with the PCSP. The centre opens five days per week C.A.B, N.I.H.E. and advice outreach delivery ongoing.

Providing partner services in Centre:

- CAB – 1 Day
- CCS – 1 Day
- NIHE – 1 Day
- BCC Anti-social behaviour officer West Belfast half day

- Resource Advice and Community Safety Service five days and provide drop in service.

We also distributed Residents 2015 Newsletter information within Upper Springfield to 3,700 households

Support given to Suicide Awareness and sit on Upper Springfield Response group with Health Trust

- 2014 Events- family and senior citizens events held during the year
- IP Halloween event and lantern parade to Falls Park
- IP Christmas Fayre
- IP Community Health & Family Fun Day 8th August
- Community safety advice and support to victims and the broader community
- Consultation and development of Upper Springfield Community Development Services
- Proposals for several new builds working closely with Falls Park/City cemetery master plan and redevelopment of health centre.

Feasibility and Research Projects:

The centre is involved in the 4th phase of Springhill Park & Sliabh Dubh Play Park – questionnaire & consultations, costings & drawings done-funding support for both Springhill Park and Sliabh Dubh Park.

Launch of anti-car crime/road safety initiatives with PSNI, Families Bereaved through Car Crime, DVD and YouTube video anti-joyriding tags produced. Co-ordinated interagency approach. Advice on housing and environment matters, community groups and statutory bodies on a daily basis. Collaboration with Apex Housing on several new housing developments consisting of 300+ new homes in Upper Springfield. Transfer/swap scheme in conjunction with NIHE developed and ongoing.

Upper Springfield Events Group the Resource Centre delivered annual events around critical dates fundraise and draw up diversionary activities during summer months which incorporate incidents around bonfires and interface areas - events involving pensioners, families at Halloween, Christmas, festival events. Resource organised and coordinated community events in 2014 attended by several thousand. We participate in the USWIP through the Community Services Thematic Team, and Events' Group.

Social Renewal - Education

3. **Children, Young People & Families** – the aim of this project is to address the training and educational needs of the West Belfast community, especially those who are hard to reach.

Partners funded through NR: Ardmonagh Family & Community Group, USDT Youth Team, Whiterock Children’s Centre, St Vincent De Paul, Newhill Youth & Community Association.

Ardmonagh Family Centre

Ardmonagh Day Care has developed and started to implement its new marketing strategy for its Day Care setting. This is aimed at increasing the uptake of its provision which will help to sustain the childcare places and the jobs that go with it. It has rebranded its day Care to ‘Little Monsters’, a new web site has been developed and new signage has been erected on the main arterial route.

We have introduced new discount fees for extended families within the community with the aim to try to support those who are in most need to access childcare provision; we have also introduced ‘Employers for Childcare’ within the organisation to try to get advice to families about benefits that can assist their childcare needs. Alongside these initiatives we have introduced external childcare experts to address curriculum development within the setting and we have trained childcare staff to deliver programmes such as: ‘Incredible Years’; ‘Life Start’ and ‘High Scope’.



Newhill Youth & Community Association

Newhill Youth & Community Association have continued to expand and develop our current services and staff teams throughout the year to help address the social, cultural and educational needs of our children and young people within the Upper Springfield/Whiterock area.

Our environmental programme has transformed Newhill into a greener shared space with productive allotments and widespread tree planting. This has been extended into the community with our 'adopt a tree' and 'adopt a spot' environmental initiatives with the OSS and youth club and we have created a public resting area on the pathway connecting New Barnsley with Dermott Hill.

OUT OF SCHOOL SERVICE

Our 'Out of School Service' homework support club has gone from strength to strength with specialised essential skills tutors with bi-lingual support workers. We provided separate study sessions for children preparing for transfer tests and are liaising with local schools to enhance curriculum development. We are a core member of the Upper Springfield Family Support Hub and now liaise through the hub to accept referrals into our 5-11yrs 'Out of School Service' yearly programme; to our family support respite programme which includes our eight week summer scheme programme.

We have expanded our wrap around service to include pre-school children from our First Steps Day Care into the 'Out of School Service' monthly programme. This supports their transition into school and after school settings. Both these services now offer a pick-up service and First Steps also provide a breakfast club. In partnership with Sure Start we received funding and installed three new outside, purpose built play areas and we have also refurbished our indoor space.

YOUTH CLUB

Newhill have worked in partnership with the USDT youth team to amalgamate the post of their Inclusion Worker with the Newhill Youth Leader in Charge and now have a 30 hour post which has accelerated the development of our youth club programmes and our ability to engage with harder to reach children and young people. We deliver three 12 week 'sibling respite' programmes per year on a separate night from the three main youth club evenings. We have employed 2 new youth workers and have recruited a new pool of volunteers who are helping prepare for our five week summer scheme programme. Last year we hosted a group of children from Palestine which was a very successful intercultural experience.

We received £607,000 from the Department of Education Youth Service for a purpose built youth centre and work has been ongoing regarding this over the course of the last year. We have received our first architectural plans and are aiming for construction work to begin, December 2015.



St. Vincent de Paul

We had a very successful year reaching lots of children young people and families. Despite a poor economic climate SVDP were able to provide childcare places to enable parents to access employment training or education. We had a number of well attended projects for adults including a fashion show that was also a fundraiser. The preparation for this started in September 2013 with project work ongoing and lots of volunteers taking part. A group of BMC fashion design students completed part of their course work and one of their assessments towards their qualifications in June 2014. The show was attended by approx. 350 people on the night plus 40 volunteers and 10 staff members.

Educational attainment levels among primary school children were raised by working in partnership with WBPB the local schools and volunteer teachers. We set up a special Homework Support Project that ran from October to March. This enabled the provision of expert support to individual children who were falling below average in their school work because of social or particular special needs / problems. All parents reported a rise in positive behaviour and confidence of children taking part of the project. **The** young people who volunteer in the Out of School Club also benefited with the teachers and tutors being role models for them and in turn they provided good role models for the children.

The summer was full of fun and relaxation for the children with lots of trips and activities to keep them busy and to enhance their knowledge and love of different places. It also enabled them to hang out with their friends just doing nothing, learning new skills or being competitive with the various games and competitions on offer.

Parents and pre-school children: SVDP were able to provide an open access crèche facility which enabled many parents to attend courses in our centre in at other venues. The feedback from parents with children who were moving into nursery school in September 2014, was very positive. All their children were well prepared and to date have benefited greatly for the good start they received by attending our crèche.

50+ group: This group is very active and has taken part in the many community activity days in the area. This helps to build up the sense of belonging in the whole area and as a means of helping others to combat loneliness. The participants like to get involved in creative activities and mixing with other groups particularly in the Upper Springfield area but also other groups through the West Belfast 50+ forum. In September the group organised a Belfast City sightseeing and Lagan boat trip which was also a great success with over 60 older people taking part.

Our work was recognised when we were nominated for an Aisling Award in November 2014.



USDT Youth Team

USDT youth team aim to improve young people's peoples' life chance by supporting them to play an active role in the life of their community. This work includes delivering services which enhance young people's health and well-being. We engage them in programmes which enhance social inclusion, improve educational attainment/employability, and develops leadership skills within the community. The model of work is based on the sanctity of the voluntary relationship between young people and youth workers and is underpinned by the concepts of participation and community development. Some of the projects highlights over the past 12 months have included:

The Street Works Programme - 708 young people were engaged via 48 sessions of outreach detached work on Friday and Saturday evenings. This also included the provision of a youth 'drop in' which 111 young people attended this year.

Youth Participation – Between October and December this year 167 young people took part in canvas of youth 'needs'. The information gathered from this exercise continues to inform the priorities of Children, Young People and Families theme team.

Health & Well-Being Programmes – Six young people from the Moyard area completed a 12 week Healthy Living Programme which explored issues around diet and nutrition, mental health, relaxation, drugs and alcohol and physical exercise. Six young people completed six week pilot social media and internet safety programme. Nine young people completed 6 month Y-Fit programme focusing on improving holistic health and well-being. 4 young people completed 6 month long Training for Life Programme. 10 young people completed Food4Thought Programme.



Learning & Aspirations - Our flagship creative arts programme 'Glee' has went from strength to strength in 2014, now financially self-sufficient and supported by a parents steering group. 18 young people continued to participate twice per week using dance, song and drama to enhance their personal and social development. This year saw our biggest and best productions to date with over 150 local residents and parents attending our spring and winter productions.

Volunteering & Leadership – Five young people completed year two of our Volunteer Development Programme. The people are now supporting the delivery of youth projects within the area. 13 young people completed year one of Volunteer Leadership Development Programme this included 12 weeks basic training, child protection, first aid training, OCN Level 1 Community Youth Work, OCN Level 1 Sexual Health etc.

Whiterock Children's Centre

Whiterock Children's Centre provides support and learning opportunities to families. In the last year we have worked with over 450 families offering a range of parenting skills and development programmes. These have focused on workshops on routine building, behaviour issues, Paediatric First Aid, arts and crafts activities for families together, including preparations for Féile an Phobail parade.

The intake from schools has also significantly increased this year with a wide range of nursery and primary schools requiring parent and children activities in West Belfast wide.



Through 'Our Shared Vision' project we have nearly completed our fifth year working in St Bernadette's Nursery School and Naiscoil an tSleibhe Duibh. Our Family Learning Worker has worked with parents, engaging them in their children's learning and getting parents and children ready for primary school. Attendance at weekly workshops such as Rhyme Time, information mornings, arts and crafts, cooking, complementary therapies, Irish classes are only a few of the programmes that were attended by parents.

Healthy lifestyles programmes have mainly focused on cooking programmes and we have worked with 88 parents and 33 children; introducing children to new foods and supporting parents with healthy, affordable and varied menus.

Our ethnic minority project continues to provide a confidential support to families settling in West Belfast. Form filling, health issues, housing, schools for children and help with Home Office requirements are the main support requirements from refugee and asylum seekers. Last summer we offered a very successful summer programme for

ME and indigenous families to come together and share their culture/customs in an informal and friendly manner and we will repeat such provision this year with the newly secured funding from OFMDFM.

Young Mums on the Move is also ongoing, with young mums aged 16-19 participating in personal development programmes, drug and alcohol awareness, healthy relationships, CACHE accredited Parenting programme.

Whiterock Children's Centre has become the lead body for the Upper Springfield Whiterock Family Support Hub. Since the start in November 2014 we have processed 70 referrals supporting 65 parents and 113 children. Most of the needs are around counselling, childcare, behaviour issues for children and young people, activities for young people, food parcels and fuel poverty.

On 20th March 2015, Whiterock Children's Centre hosted a conference for the community and voluntary sector as well as the statutory sector and political representatives to explore the challenges of child poverty in west Belfast and how these issues might be addressed. Our vision was set out that would ensure that "children must be central to every policy decision made by Government, every proposal must be measured against its impact on the quality of children's lives" we called the conference 'Our Children, Our Future'.

4. **Education & Training:** the aim of this project is to deliver a high quality standard of education and training support services to the Upper Springfield and Whiterock communities through a collaborated and coordinated approach.

Partners funded through NR: Springhill Community House

Springhill Community House

Springhill Community House plays an active role in the Integrated Partnership and holds the co-chair position on the Education Theme Team. The theme team have identified priorities that will guide the work of all partner organisations delivering education and training services in the Upper Springfield/ Whiterock area, these are:

- To develop a collaborative programme to raise the literacy and numeracy levels across the Upper Springfield Whiterock area.
- Identify local children & young people at risk of dis-engaging from school/training.
- To develop a range of interventions and programmes which help address the barriers and difficulties which many local families face and which directly impact on the education of local children.

The partnership continues to work collaboratively on a number of events throughout the year including a health and fun day in August, a Halloween event, a Christmas event and information sessions on jobs, benefits and warm homes.

Springhill's activities over the past year were:

Education and Training

GCSE's: Springhill have delivered GCSE classes in maths and science in this year with a total of 21 students enrolled.

GCSE Revision Support: Springhill have delivered GCSE English, maths and science support to local young people who need to resit examinations. We have targeted students achieving grade D&E and provided additional support through weekly revision classes Initially from September to January to cater for resit students, with some students obtaining grade A on resit. We have extended this provision from March to June to support students sitting summer examinations. We have worked with the local secondary schools including, St Genevieve's, Corpus Christi College, Coláiste Feirste and La Salle who have made referrals to the classes.

Information Communication Technology: Springhill have delivered 5 ICT classes with 24 students. In partnership with extended schools we have delivered ICT programmes within the local primary schools to parents. In addition we delivered a 'Meet the Ancestors' class to parents from John Paul II primary school.

Literacy & Numeracy iPads: We have 15 iPads which were purchased by Extended Schools, who secured funding from the Education Minister. The iPads are being used to improve parents' literacy and numeracy by using a variety of apps. Springhill manage the storage, maintenance and lending of the iPads, which have been on loan to local schools and community organisations.

Therapy Training: Springhill have delivered three level III diploma courses in aromatherapy, reflexology and Indian head massage with a total of 24 learners, these are one year programmes accredited by the Vocational Training Charitable Trust. In addition we have delivered reflexology level III diploma in Shankill Women's Centre who bought in the delivery and administration of this programme.

Life Coaching: Springhill have successfully delivered four self-confidence/life coaching programmes in partnership with local schools and youth clubs with 42 individuals benefiting from the programme. In addition we delivered a residential life coaching programme with the members of Survivors and victims of Institutional abuse.

Advice & Guidance: Springhill continue to provide advice and guidance to a small number of individuals each year; this year 35 individuals accessed the advice services in relation to education and training.

Black Mountain Shared Spaces (BMSS):

In partnership with BMSS we deliver a weekly social morning in Sliabh Dubh Manor with local residents who participate in arts & crafts, quilting and cooking.

Building the Community Pharmacy Partnership: In partnership with Boots Pharmacy we completed five sessions with residents of Sliabh Dubh. Boots supplied a community pharmacist to deliver five health related topics, see details below. These topics have been carefully selected as they have been identified as priorities through the health theme team of the partnership. It is also important to Springhill that taster sessions in therapies and alternative medicines are incorporated into the programme with the agreement of the pharmacist. One session has been set aside to explore alternatives. We have submitted an application for a level II programme which will have more sessions over a longer period.

Session 1 – Community Pharmacy & their role in the community. Addressing issues of over the counter medications.

Session 2 – Managing prescribed medication and looking at alternatives to stress management, stress relieve and depression.

Session 3 – Obesity, addressing issues of poor nutrition, diet and exercise.

Session 4 – Oral Hygiene – addressing issues of poor oral hygiene particularly in children.

Session 5 – Eye Health Care – addressing the importance of regular health checks.

Other Services:

Advice and Advocacy: Springhill have had a marked increase in the number of individuals who have been seeking advice in relation to welfare reform and bedroom tax issues, were possible we encourage individuals to access the services of Corpus Christi Services and the Upper Springfield Resource Centre, however they have significant waiting times for their services and we help where we can.

With changes to the Victims and Survivors Services in particular the Memorial Fund, we have had an increase in the number of individuals seeking advice, here too we encourage individuals to access the services of Relatives for Justice who have dedicated support workers, but inevitably we have had to support individuals.

Social Inclusion Programmes: Springhill have delivered a number of programmes designed to engage with individuals in the community and to encourage them to participate in learning opportunities. It is hoped that these will act as a stepping stone to other programmes. Programmes include women in history, introduction to computers and Bach flower remedies.

Community Resource: Our premises continue to be used as a meeting place by the Springhill/Springmadden residents and by Councillor Steven Corr for weekly constituency surgery. We provide a meeting place for local youth organisations including Active Communities Network, USDT youth team and contact youth counselling as an outreach centre, enabling them to engage with local youth right on their own door step.

Victims' Work: We continue to support the Ballymurphy Massacre Families in their campaign for truth and Justice; this involves building the capacity of individuals through training and the group as a whole. We are applying for funding for "Our lives without You" a theatre of witness play about the Ballymurphy massacre and aftermath, we have submitted an application to Esmee Fairbairn Foundation.

Savia: We are now more actively involved with the SAVIA group in the delivery of programmes, administration support. Since January we have been doing administration including accounts, funding applications, and returns to funders on behalf of the group as they have no administration support and were under pressure to complete.

Volunteers: Springhill offer volunteer placements and have eight volunteers, without whom the project would find it difficult to offer services. Volunteers have the opportunity to learn work based skills which give them an advantage in the labour market.

Springhill MUGA Park: We are the key holder for the newly opened Multi-Purpose Games Area in Springhill and manage the bookings from local community groups and residents.

Community Garden/Allotments: Springhill manage the recruitment and promotion of the community garden, we have successfully recruited a core team of 10 individuals who attend regularly with additional participants on a casual basis. The garden has sustained significant damage to the polytunnel which has impacted on the moral of the volunteers, added to this volunteers were unable to access the garden for a period of three months due to the keys being lost, some volunteers haven't returned.

Through programmes such as 'Grow Your Own' and 'Plants for Health' we have demonstrate the importance of healthy eating and how easy it is to do. As a bi-product of volunteering in the garden and socialising with others, participants have improved their mental health and wellbeing. The garden was acknowledged in the West Belfast Partnership Board's environmental awards and received a certificate of achievement. Volunteers have received NVQ level I training and will commence level II next year.

Integrated Partnership: The Integrated Partnership meet on a monthly basis and through the theme teams are identifying priorities, we are represented on the Education & Health theme teams. Attendance on the theme teams has been an issue in recent months, particularly during the summer break we are looking at ways to improve attendance and will address the issue at the next partnership board meeting.

Information & Advice Event: In partnership with the USWIP members we have delivered an information and advice event for local residents to get advice and guidance on benefits and tax credits, employment & Training, grants schemes for warmer homes including insulation and boiler scrappage schemes.

Jobs & Health Fair: In partnership with the USWIP members we have delivered a jobs and health fair where 180 local residents attended. Major local employers including Delta Print, Belfast City Council, Belfast Health Trust, Care Circle, Opus Care, Convergys and Copius attended offering employment opportunities. The event also had training and apprenticeship opportunities from BMC and Springvale. In addition there were a number of health stalls including healthy eating, cholesterol checks & blood sugars, BMI checks and taster sessions in therapies and beauty treatments. The Action Cancer big bus was also present and fully booked in advance.

Health & Fun Day: Alongside other partner organisations we have been involved in planning and organising, as well as design and printing posters and leaflets, for the Annual Health & Fun Day to be held on the 8th August at the Whiterock Leisure/Community Centre's, community garden and Falls Park.

Events include:

Health Checks

Age Progression

Drug & Alcohol Awareness,

Mental Health Awareness

Healthy Eating

Cancer Focus Cancer Big Bus?

Arts & Crafts,

Zumba Taster Session

Yoga Taster Session



Jobs & Health Fair



Community Garden Health & Fun Day Event



Slabh Duibh Manor Group



Computers for Beginners



Community Garden Produce



Craft Class

Social Renewal - Health

5. **Health and Wellbeing** - the aim of this project is to support the delivery of services to the target groups across the health spectrum.

Partners funded through NR: Holy Trinity Centre, Centre for Health and Well Being, Voices Women's Group, Corpus Christi Services, **Springhill Community House**, USDT Arts Programme, Belfast City Council Good Morning Services.

Ardmonagh Family Centre - Good Morning West Belfast

Good Morning West Belfast has increased its delivery of much need support to vulnerable and elderly residents; it has over 800 people registered for a daily telephone call which for the vast majority is a lifeline to the outside world. During the past year, it has increased its outreach work, checking on the welfare of the elderly, befriending them, and looking after their health needs by ensuring that they are comfortable in their homes and through encouraging them to engage in community activities when possible.

The service in partnership with Belfast City Council and other community and voluntary organisation, help to plan and participate in a number of health & wellbeing days throughout Belfast; these were very successful and well attended; those who attended were able to get advice on their benefits, health and diets and safety within their homes.



Centre for Health & Well Being

The Centre for Health and Well Being has delivered complimentary therapies throughout West Belfast for 17 years. We have two staff, three volunteers and six board members as well as two volunteer counsellors and 10 self-employed therapists. Our volunteers are local people who've benefitted from the services provided and want to give something back. Two of our therapists are also past clients who have completed accredited training with us and enhanced their learning with a minimum of 50 CPD hours per annum over the last seven years. Now self-employed, they are contributing to the economy. We offer each client six one hour long therapies, one per week at

the same time each week for six weeks, after which time they will have devised a personal development log with their therapist and outcomes should reflect improved mental and physical health. In 2008 we added to this an education programme to assist clients moving on from their treatments; in 2010, we secured two health trust contracts to deliver services to carers and those who've suffered brain injuries; in 2011, we evolved further to provide a counselling programme led by volunteer graduates. This coincided with our in Investors in People, Bronze Award.

For DSDNI BRO funded therapies in 2014-2015, the following outcomes were recorded:

PHYSICAL

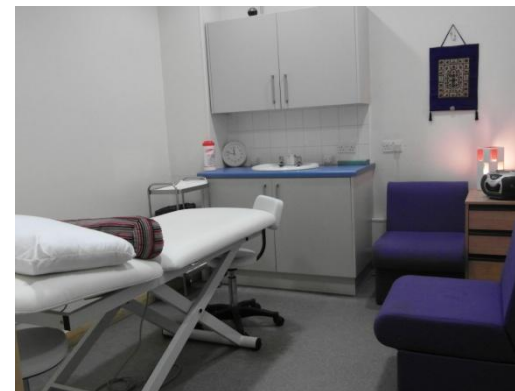
- 30% of respondents enjoyed a reduction in the occurrence of pains, headaches or tension within 6 weeks of treatment
- 90% of clients remained free of illnesses such as colds or flu for the duration of the treatments even after they'd made lifestyle changes to diet and exercise regimes which can result in healing crises
- 40% of clients who felt their physical health interfered with their social activities claimed it did not do so after 6 weeks of treatment
- 40% of clients reported an increase in their energy levels after treatments
- Prior to treatment, 40% of clients felt their overall health/well-being was 'poor' compared to only 20% post treatment

EMOTIONAL

- 20% of clients felt they suffered less from panic attacks and nightmares after treatment
- 80% of clients had a more positive outlook on life after treatment
- 70% of clients saw a reduction in their anger levels after treatment
- 90% of clients felt calmer and more relaxed after treatments although 100% of clients said they felt 'calm and relaxed' immediately after therapy
- 20% more clients reported feeling 'sad' after a course of 6 treatments. A follow-up call to these clients indicated that the therapies had allowed them to voice long held grief, to acknowledge the hurt done by another, to appreciate that it was OK to experience a wider range of emotions. These clients were offered additional treatments and were referred to local counselling agencies.
- 50% of clients felt less lonely after treatments. Of these, a third felt it was due to knowing what other services were available, to making contact with others through classes, and through being referred to counselling
- 60% of clients felt they could cope better with life's difficulties after treatments

BEHAVIOUR

- 80% of clients who felt they over ate 'often' or 'very often' felt they over ate less after treatments
- 30% of clients reported an improvement in their levels of sleep after treatment though several observed that while they slept peacefully the night of their treatment and perhaps a night or two after it, they failed to continue this pattern in their daily lives
- 50% of clients felt they under ate less after treatments
- 20% more clients were eating healthier foods after treatment



- 20% of clients said they drank tea/coffee less often after treatment than before
- 4 people quit smoking as a result of their therapies
- After treatment, 20% of clients had reduced their intake of alcohol on a long term basis. Some were benefitting from attendance at AA meetings to help in this regard and all clients who consumed alcohol 'all the time' before treatment reduced their intake

HEALTH

- 20% of clients used prescribed medication less often, or took less prescribed medication, after treatment.
- 50% more clients noted their health was 'excellent' after treatment than before

Corpus Christi Services

Corpus Christi Counselling Service offer one-to-one counselling support to those affected by a range of trauma and mental health related issues. Through a safe therapeutic environment, clients are assisted to heal past traumas and work towards addressing issues which have prevented them from fulfilling their potential.

Corpus Christi Services counselling team consists of a FT clinical co-ordinator, 1 FT counsellor and 4 PT counsellors who are all professionally qualified and highly experienced therapists.

During the 12 months under review, CCS Counselling Service provided one-to-one long term counselling to 227 clients which represents 3,625 sessions, this is an increase of 7% from last year. Sources of referrals include GPs, CPNs, Social Workers, Lifeline, West Belfast Mental Health Hub, other community organisations including self-referrals. In addition we delivered 104 sessions under BHSCT.

- 63% Statutory Bodies
- 25% Self Referrals
- 6% Voluntary Sector
- 6% Internal Referrals
- 42% Were treated for the misuse of non-prescribed drugs

During the past year, CCS worked collectively with eleven groups within West Belfast to develop a consortium, namely 'Community Well-being Alliance' (CWA).

CWA recently secured submitted a tender application to the Primary Care Talking Therapies Consortium fund, administered by Belfast Health & Social Care Trust (BHSCT) to tackle and address health & wellbeing issues across Belfast.

The aims of CWA is to develop and provide a holistic range of professional services at community level that support individuals and families to achieve positive mental and physical health and wellbeing.

CCS have 10 volunteers who are actively involved in all aspects of community development throughout the organisation.

Holy Trinity Centre

Our Impact 2014

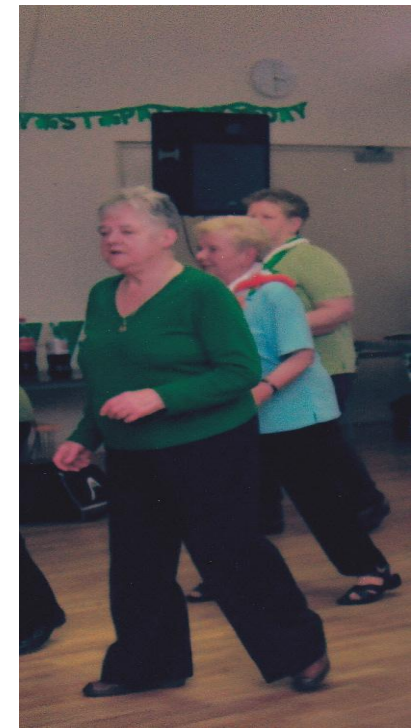
- Day Care - 9400 day care places
- Counselling 2753 adults and 1120 children received support through this programme
- Elderly Peoples Services
- Disability Services - 750 people with disabilities used the centre's facilities
- Family Support - 80 families received family support packages
- Chiropody - 480 people were seen by the chiropodist.

It was a very busy year for Holy Trinity Centre as the Centre saw 13,463 service users cross the door and access services such as day care, counselling, elderly people services, disability services, prayer groups and dancing projects. Holy Trinity's staff capacity has grown with 12 core staff members, 10 volunteers and 6 trainee counsellors.

Families, Belfast wide saw family support packages delivered to at least 80 families. Day-care ran with a robust PR and marketing campaign which saw day-care reaching 96% capacity. The counselling project entered into the Community Well Being Alliance which has 11 core members, this partnership will strengthen the delivery of counselling services across Belfast

Volunteer Opportunities Our volunteers have peer mentors and support throughout their time in the centre the hours and projects they support are varied however approximately 25 hours support each week is provided by volunteers. The organisation holds the Investors in People 'Bronze' Standard and in accordance with this quality mark, all staff avail of training on an ongoing basis.

Holy Trinity Centre's Counselling Service Trinity Community Counselling Services offer befriending and support to children, young people and families, aimed at promoting mental health and emotional well-being, reducing barriers to learning, supporting those with additional



needs and challenging behavioural issues in a safe, non-threatening, non-judgmental environment. These programmes are delivered through PHA Protect Life and Victims and Survivors. We are a BACP accredited centre and we have maintained a high standard of clinical delivery and retained full clinical governance compliance during the reporting period.

Family Support Holy Trinity Centre operates using evidence based practice that enable children's and young peoples centred care. Family Support Packages are delivered via a care pathway with all services offered in a timely and accessible way. This will ensure the children and young people receive the most appropriate service to meet their needs within the agreed time period.

The proposed service intervention is flexible to the needs of the individuals/families being referred. The family support will be offered on a one to one basis, group work appropriate and modified within the framework to take into account each individual's/family's support needs or problems for which they are seeking help.

Day-care Facility The organisation operates a social economy project through the provision of a day-care facility. They offer value for money sessions which are flexible, affordable and of a high standard. The rooms are allocated to baby, toddler and play room with 2 members of staff. All our day care staff are qualified to a NVQ level III standard. The facility is registered with and holds contracts for sponsored day care with Social Services. Once a year Social Services visit for its annual minimum standards inspection. Holy Trinity currently hold five stars for its catering facility.

Healthy Lifestyle Projects All service users we take part in activities raises there health and well-being. We have continued to develop relationships with our health service and community partners such as Lifeline, GPs PSNI, CPNs and Social Services. Developing relationships with multi-disciplinary teams remains a priority to enhance client experience and target treatment.

We have maintained a high standard of clinical delivery and retained full clinical governance compliance during the reporting period.

Springhill Community House

Springhill plays and active role in the Health and Wellbeing Theme Team contributing to the identification of priorities. As with the other theme teams the Health & Wellbeing Theme Team have agreed their priorities and are carrying out a mapping exercise to identify potential gaps and duplication of services, this exercise will form the basis of the partnership work plan for the next 18 months. The agreed priorities are:

- **The Development of the Community Health & Wellbeing Hub**

- **The development of an area wide obesity programme**
- **The development of an area wide resiliency programme**
- **The development of a robust response to suicide**

Health & Wellbeing

Complementary Therapies: Springhill offer complementary therapy clinics in Homeopathy, Reflexology, Aromatherapy etc., 200 individuals benefited from therapy provision in the past year, each client receives 5 one hour therapy sessions per cycle. Clients can access the therapies from home or in our therapy rooms.

Health Awareness

Health Days: We have participated in 14 health days/events during the past year where approx. 521 individuals accessed health awareness information including a taster session in a therapy.

Seminars/Lectures: In partnership with the Belfast Health Initiative we delivered a lectures in St Mary's University College. The lecture "BodyTalk Systems". In addition we delivered a metamorphosis workshops in total 88 individuals attended.

Bach Remedies: Springhill provide a drop in Bach Flower remedy Clinic where clients can access and take away a flower remedy tailored to their needs. A total of 106 individuals have accessed the clinic, with conditions such as depression, anxiety, stress, suicidal tendencies and general ailments.

Detox Clinic: The detox clinic is specifically designed to assist those addicted to drugs, alcohol or tobacco. Each client receives 10 consecutive treatments using the NADA protocol; a total of 40 individuals accessed the clinic during the past year.

Stress Management: We have delivered stress management sessions in a small group setting with clients of family support/integrated services in total we delivered 28 hourly sessions.

Suicide Awareness: We have worked closely with families bereaved through suicide and have delivered one to one sessions with 25 individuals at risk.

USDT Arts Project

Highlights of the year

The USDT Arts Programme worked with various groups throughout the year, delivering programmes of art workshops addressing and highlighting health, social, community and environmental issues. All these programmes resulted in the temporary transformation of open and sometimes problem spaces within the community, with a view to promoting positive use of open space. The showcases were televised on NTV Community Channel

In the Shade Public Art Showcase

At the North Howard Street Interface young people from Clonard Youth Club, Hammer Youth Club, BELB Youth Inclusion and Diversity Unit with, GLYNI and Cara Friend transformed the interface with a temporary sculpture building performance. They also produced a limited edition art book using shadow puppetry, entitled Shadowlands. The project was based on a multitude of barriers that young people face in their everyday lives.

Regenerator

The Arts Team worked with USDT youth team, AAB Expressions Group, Suicide Awareness and Support Group, and held public workshops in Springhill Park, on the Regenerator Project. Based on creative regeneration of the local environment, it resulted in a one day public art showcase in Springhill Garden of Reflection, the former anti-social hot-spot. This also resulted in a purpose built mobile art gallery, an outdoor public photographic exhibition and public activities including badge making. It also resulted in a Limited Edition creative newspaper called 'Regenerate – We generate our own News'.



Navigator

This project was based on transport. It engaged local groups in a creative approach to looking at the history of transport in West Belfast. The Arts Team worked with Newhill, St Vincent de Paul Turf Lodge 50+ Group and After Schools Group. It resulted in an interactive public art showcase on the open space at the front of Whiterock Community Centre. At the showcase were the pieces of art the groups had made and designed, including a full size guider, a real Black Taxi that was re-upholstered in fabric designed by the groups based on items lost and found in the back of black taxis over the years. There was also mini taxis that the young people wore. The activities included 'guidering', taxi races and storytelling in the back of the black taxi.

Foodprints

A health based art and food project, and creative experimentation with food. It resulted in a one day public art showcase with an alternative café and an outdoor tea party with giant sculptural – Build your own Burgers. The Arts Team worked with Newhill out of Schools, Newhill Youth Club, St Vincent de Paul After Schools and Over 50s groups. Activities included making edible food sculptures, pizza faces, knitted food and tie-dye, using food as the dye. The groups were really encouraged to experiment and play with the food and different materials throughout these workshops.

Voices Women's Group

The primary aim of Voices Women's Group is to provide a safe and supportive environment where women have an opportunity to share their experiences, feel valued and have a greater sense of wellbeing. The group promotes opportunities for women to access education, training, and personal and community development in a non-threatening and informal environment. The group aims to enhance the quality of women's lives, thereby improving the lives of their families and the wider community.

Over the course of the last year Voices Women's Group have enabled the accessibility and delivery of numerous social and personal capacity building projects, alongside a breadth of health and wellbeing, good relations, and community development initiatives.

Activities included but were not limited to crafts, crochet, ceramics, jewellery making, flower arranging , Pilates, Yoga, inner healing, stress management, mental health wellbeing and suicide awareness, trauma & addiction workshops, compassion fatigue & stress management, reminisce work, Irish history, community development training, drama, 'Capacitor Training', alongside the production of and participation in a number of community centred DVDs.

The women in the group have also engaged in numerous good relations workshops and cross community projects. Voices Women's Group in partnership with Cool New Opportunities Rathcoole and Newtownabbey Women's Group have jointly undertaken engagement in a number of shared skills, cultural identity, and intergenerational projects.

Voices Women's Group continues to work in partnership with local community groups and service providers, and continually accepts referrals from the local mental health and family support teams alongside self-referrals and referrals from the Good Morning Line.

ACHIEVEMENTS OF NEIGHBOURHOOD RENEWAL FUNDING IN 2014/15 YEAR

Community Output Measures

PROJECT	IP	CCS	USDT ARTS	HTC	CHWB	Newhill	USRC	Voices	IP	USDT Youth	AFCG	SVP	USDT
CR1 - Number of people participating in community relations projects			96			300+		42		8	8		
CR2 - Number of people participating in community bonding projects						300+	2000	48		177			
CR3 - number of people volunteering for community development activities		10			9	41	50	16	15	25			
CR4 - Number of people engaged/involved in unpaid voluntary work				10	9	41	50	16	20	25	15	24	
CR5 -Number of people receiving training in community development skills/capacity building				6		325	40	26	20	25			
CR6 - Number of people using new or improved community facilities							300						
CR7 - Number of community/voluntary groups supported	35	3				50+	8	8	25				8
CR8 - Number of community relations projects supported			1			10		3		2			
CR9 - Number of people involved in projects that promote shared space			96			300+	40	10		8			

Education Output Measures

PROJECT	HTC	WCC	USDT Youth	Newhill	AFCG	SCH	SVP
SR(Ed) 1 - Number of childcare/nursery school places crated/safeguarded	20			150	96		32
SR(Ed)2 - Number of pupils whose attendance is measurably enhanced/improved	55		5	120			
SR(Ed) 3 - Number of pupils whose attainment is measurably enhanced/improved	55			120		141	192
SR(Ed) 4 - Number of pupils whose behaviour is measurably enhanced/improved	55			200			15
SR(Ed) 5 - Number of people engaged in parenting skills development programmes	80	467		100+	12		24
SR(Ed) 6 - Number of pupils directly benefitting from the project			5	145+		176	
SR(Ed) 7 - Number of pupils whose attainment is measurably enhanced/improved				145+			

SR(Ed) 8 - Number of pupils directly benefiting from project				145+			
SE(Ed) 9 - Number of pupils whose attainment is measurably enhanced/improved (in STEM subjects)				145+		41	
SR(Ed) 10 - Number of pupils directly benefitting from the project				40			
SR(Ed) 11 - Number of pupils whose attainment is measurably enhanced/improved against baseline position to ensure pupils reach full potential				40			
SR(Ed) 12 - Number of pupils whose attendance is measurably enhanced/improved			5	200+			
SR(Ed) 13 - Number of pupils whose attainment is measurably enhanced/improved against baseline position				200+			
SR(Ed) 14 - Number of young people directly benefiting from the project			5	200+			
SR(Ed) 15 - Number of young people experiencing improvements against baseline position of assessed needs			5	200+			
SR(Ed) 16 - Number of young people having access to specialist support to address assessed needs			5	200+			
SR(Ed) 17 - Type and number of accredited qualifications completed			5 OCN Level 1 & 2	30+			
SR(Ed) 18 - Number of pupils directly benefitting from /being supported by the project							
SR(Ed) 19 - Number of pupils whose attainment is measurably enhanced/improved against baseline position			5				
SR(Ed) 20 - Number of children and young people having access to specialist support to enhance their physical and emotional well-being					96		8
SR(Ed) 21 - Impact on enhanced learning environment							
SR(Ed) 22 - Increased number of young people and adults taking part on regular physical activity							
SR(Ed) 23 - Number of pupils whose attainment is measurably enhanced/improved (in ICT related subject)							
SR(Ed) 24 - Number of residents in an area who obtain a (ICT-related) qualification on completion of formal training						24	
SR(Ed) 25 - Number of pupils directly benefiting from project			5				

Social Renewal - Health Output Measures

PROJECTS	IP	CCS	SVP	Arts	USDT Youth	WCC	Newhill	HTC	CHWB	USRC	Voices	AFCG	SCH
SR(H)1 - Number of people benefiting from Healthy Lifestyle Projects				100	82	125	200+	1128	529		68	435	
SR(H)2 - Number of people attending Health Education/Awareness initiatives	1000+ Community Health Family Fun Day, Health & Jobs Fayre, Information advice Event – Warms Homes, Benefit Education Ezines, Posters, Social Media Campaign,		12		82	37	200+				62		1070
SR(H)3 - Number of people accessing intervention/treatment services					16		100+	1128					541
SR(H)4 - Number of health education awareness initiatives provided/delivered	4 area wide events Community Health Family fun Day Health & Jobs Fayre Information Event Quarterly Ezine PR campaign inc social media, leaflets, posters, twitter, Facebook			2			30+				10		699
SR(H)5 - Number of people benefiting from new or improved health facilities													
SR(H)6 Number of people		331					50+	599	60	20	20		

participating in suicide prevention projects													
SR(H)7 Number of new/improved sports facilities provided	3 Ongoing - Corrigan Village, Gort Na Mona/HTS, O'Donnell, Westrock/Whiterock									1			
SR(H)8 Number of people using new sports facilities				111		200+				300			
SR (H)9 – Number of People using existing sports facilities										250			
SR(H)10 - Increase (n%) in the number of people using improved sports facilities													

Social Renewal - Crime Output Measures

PROJECT	IP	Newhill	Arts	HTC	CHWB	USRC	AFCG	SVP
SR(C)1 - Number of people receiving advice on crime prevention		200				1000	259	
SR(C)2 - Number of community safety initiatives implemented		5	1			4		
SR(C)3 - Number of people participating/attending community safety initiatives		50	86			400	259	12
R(C)4 - Number of crime prevention initiatives implemented		2				4		
R(C)5 - Number of people participating/attending crime prevention initiatives		300+				400		
SR(C)6 - Number of young people benefiting from youth inclusion/diversionary projects		200	36			300		
SR(C)7 - Number of victims of crime supported		10			32	100		
SR(C)8 - Number of homes with increased security							141	
SR(C)9 - Number of Neighbourhood Wardens						2		

supported							
SR(C)10 - Number of people involved in dealing with the impact of Interface issues		300+	36			14	

Physical Renewal Output Measures

PROJECT	IP	USRC	Newhill	Arts
PR1 - Area of land improved for open space		5	2	4
PR2 - Area of land reclaimed for open space				
PR3 - Area of land improved and made ready for development		1	1	
PR4 - Area of land improved and made ready for shared space		1	1	1
PR5 - Number of building(s) improved				
PR6 – Number of community facilities improved				
PR7 – Number of traffic calming schemes		2		
PR8 – Number of trees planted			30	
PR9 - Number of projects improving community facilities	5 ongoing (Corrigan Village, Community Corridor, Gort na Mona/HTS, O'Donnell's, Pat O'Hare Play Park and Haribo)	3		1
PR10 - Number of people/volunteers involved in physical development and/or environmental improvement projects	35	40	200+	318

Economic Renewal Output Measures

PROJECT	IP	CHW B	USDT Youth	Arts	AFCG	SVP
ER1 - Number of FTE jobs created					84	
ER2 - Number of residents going into employment						
ER3 - Number of people accessing careers advice	300		25			

A9 - Number of training places sustained/created										
A10 - Number of volunteers sustained/created				40	16				9	

Social (Education) Output Measures

PROJECT	Newhill	SCH	SVP
B1 – Number of pupils whose attainment is measurably enhanced/improved	120	141	
B2 – Number of pupils remaining in post compulsory education			
B3 – Number of residents in area who obtain a qualification on completion of formal training			
B4 – Number of training weeks (expressed as person weeks)	40	50	
B5 – Number of childcare/nursery school places created/safeguarded	150		
B6 – Number of pupils directly benefiting from project	120	176	
B7 – Number of pupils whose attendance is measurably enhanced/improved	50		192
B8 – Number of people engaged in parenting skills/development programmes	25		12

Social (Health) Output Measures

PROJECT	IP	CCS	Arts	HTC	CHWB	USRC	Voices	Newhill	SCH	SVP
C1 – Numbers participating in health education/awareness initiatives	1000+ (IP events)		100			2000	54	200+	1070	809
C2 – Number of people accessing advice or treatment for the misuse of non-prescribed drugs		199			163				541	
C3 – Number of people accessing new/improved health facilities										
C4 – Number of people accessing intervention/treatment service								80	310	

Social (Crime) Output Measures

PROJECT	Newhill	Arts	AFCG
D1 – Number of community safety initiatives implemented	5	1	
D2 – Number of people who participate in community safety initiatives	300+	36	259
D4 – Number of crime prevention initiatives implemented	3		
D5– Number of people attending crime prevention initiatives	300+		
D6 – Number of victims of crime supported	10		

Community/Other Output Measures

PROJECT	IP	Arts	USRC	Voices	Newhill	AFCG
O1 – Number of people given access to new cultural opportunities/facilities		318		42	300+	
O2A – Number of private / public dwellings built/improved						
O2B – Number of people benefitting from projects to promote personal and social development	1000 through events/information events	318		68	300+	58
O3 – Number of feasibility/research projects carried out	5		3			
O4– Number of strategic development plans carried out			3		2	
O5 – Number of people / volunteers involved in physical development and/or environmental	35 Corrigan Village Gort na Mona/Holy Trinity O'Donnells, Pat O'Hare Play Park, Haribo, Community corridor NSPCC Building Moyard Sliabh Dubh Play Park Springhill Play Park Shops Turf Lodge	318	40		50	
O6– Number of volunteers sustained/created			40	16	40	

O7 – Number of people involved in capacity building/citizenship projects	1000 through events/information events		40	48	50+	58
---	--	--	----	----	-----	----

Physical Output Measures

PROJECT	IP	Newhill	Arts
E1 – Area (m2) of new business/commercial floor space		15m	
E2 – Area (m2) of improved business /commercial floor space		35m	
E3 - Area (m2) of new community floor space			
E4 - Area (m2) of improved community floor space			
E5 – Area of land (ha) improved or landscaped for amenity use		45m	
E6 – Area of land (ha) improved/reclaimed/ serviced and made ready for development			
E7 – No of buildings improved/brought back into commercial use			
E8 – No of traffic schemes			
E9 – Kms of roads built/improved			
E10 – Kms of walkways built/improved			
E11 – No of people / volunteers involved in physical dev and or environmental improvement projects	35 Corrigan Village, Gort na Mona/Holy Trinity, O'Donnells, Pat O'Hare Play Park, Haribo, Community corridor NSPCC Building Moyard Sliabh Dubh Play Park,	50	318

	Springhill Play Park Shops Turf Lodge Community Garden/Allotments		
E12 – Dev of vacant / disused land brought back into use within NRA	2		
E13 – Dev of vacant / disused building brought back into use within NRA			
E14 – No of people involved in dealing with the impact of interface issues			36
E15 - No of people involved in project(s) that promote shared space		300+	36

Some of our achievements

- ✓ Progress continues with number of key developments Community Corridor, Corrigan Village, Sliabh Dubh Play Park, Gort na Mona/Holy Trinity Play Park, Whiterock/Westrock
- ✓ The partnership continue to identify collaborative areas of work, cross thematic working to ensure best use of resources and to ensure services delivered meet need;
- ✓ Partnership identified need for a review of structures
- ✓ Local organisations continue to deliver much needed services, despite cuts in funding, and an increase in demand for services.
- ✓ Whiterock Children's Centre – nominated as lead partner - development of Family Support Hub
- ✓ Child Poverty conference – 'Our Children Our Future'
- ✓ Community Empowerment Programme – on going multi-agency meetings and establishment of CEP steering group/working group established
- ✓ USDT Lead Partner in SIF Employability Programme
- ✓ ACN- Lead Partner SIF Youth Intervention
- ✓ Increase in number of partnership events including Community Health Family Fun Day, Information Event – focusing on Fuel Poverty/benefit event, Health Event & Jobs Fair
- ✓ Increase in communication to raise profile of local services to residents i.e. social media, Facebook, posters/e-zines etc. displayed and circulated to local people/organisations and businesses
- ✓ Development a successful campaign against cuts

Upper Springfield Whiterock Neighbourhood Partnership 2014/15 Expenditure (by Strategic Objective)

The following table details current projects funded via the Neighbourhood Renewal Investment fund. It also details the **2014/15** individual spend for each project, the total amount of expenditure by strategic objective and the overall **2014/15** total expenditure in the Upper Springfield Whiterock Neighbourhood Renewal Area.

Programme/Project	CFF Funding Period	CFF Funding Amount (Project allocation)	Spend as at 31/03/15
HOUSING AND ENVIRONMENT			
Housing and Environment	01 April 2012 to 31 March 2015	£240,959.72	£68,877.36
Total Housing and Environment Expenditure		£240,959.72	£68,877.36

HEALTH AND WELLBEING			
Health and Wellbeing Theme	01 April 2012 to 31 March 2015	£749,812.72	£243,844.90
Total Health and Wellbeing Expenditure		£749,812.72	£243,844.90
EDUCATION AND TRAINING			
Education and Training Theme	01 April 2012 to 31 March 2015	£50,737.00	£16,035.02
Total Education and Training Expenditure		£50,737.00	£16,035.02

DELIVERING EFFECTIVE COMMUNITIES			
Delivering Effective Communities Theme	01 April 2012 to 31 March 2015	£688,782.15	£220,313.93
Total Delivering Effective Communities Theme		£688,782.15	£220,313.93
CHILDREN YOUNG PEOPLE AND FAMILIES			
Children Young People and Families Theme	01 April 2012 to 31 March 2015	£851,329.10	£286,952.40
Total Children Young People Health Expenditure		£851,329.10	£286,952.40
TOTALS		£2,581,620.69	£836,023.61

This figure is exclusive of **£283,013.58 NRIF** awarded for the delivery of services/projects on a West wide basis within the Upper Springfield Whiterock NRA. An overview of the projects is attached at **Annex A**.

Community Development and Economic Regeneration

This project is focused on the implementation of a range of the Neighbourhood Renewal Action Plan (NAP) priorities across the West, namely, Greater Falls, Upper Springfield Whiterock, Andersonstown, Lenadoon and Colin NRAs.

Community Development underpins most of the work and services delivered by community organisations. Through this partnership core community development has been delivered across west Belfast. Working with residents groups, community organisations, delivering services directly to the women's sector, Irish language and community based tourist initiatives, this partnership has delivered to most communities in the west and beyond. The following is a brief overview of that work.

Falls Community Council continues to Chair the West Belfast Partnership Board and to be a member of OFMDFM Social Investment Board. Falls Community Council is centrally involved in the development and economic regeneration of West Belfast.

Falls Community Councils AMPS Studio in partnership with the Armagh Observatory and the National Trust hosted 'Sounds of the Night Sky' a unique installation created by artist and sound designer Robert Jervis, staged on the Black Mountain in March 2015. This event was attended by over 100 individuals from across the city. During the 2014 – 15 year the AMPS Studio have delivered, tailored workshops to disability groups and care homes across West Belfast; music industry advice workshops supporting 77 individuals; a new website to raise the profile of the services provided.



Falls Community Council Director with a cross community delegation meeting the DSD Committee at Stormont

Fáilte Feirste Thiar continues to promote the tourist industry within West Belfast. During 2014 - 15 they have lead delegations from the local tourism industry showcasing their offering at leading trade show across Ireland and Britain and most significantly they have succeeded in gaining a foothold in the US market place.

Education West Wide

The aim of this project is to address the training and educational needs of the West Belfast community, especially those who are hard to reach.

The Falls Community Council's AMPS Studio has provided accredited training in recording techniques, provided work based placements for students and long term unemployed and hosted Music Industry Advice workshops.

Tar Anal has supported the delivery of a range of training including: Health & Safety Training Course, Basic IT Through Essential Skills, Basic French and Italian speaking classes and a fitness programme.

Conway Education Centre continues to provide a safe and encouraging environment for learning opportunities, enabling local people to improve their confidence and skills in order to fulfil their potential, enhance their chances of employment, and participate in the development of their community.



Bryson An Munia Tober

An Munia Tober is a Traveller support organisation dedicated to the reduction of inequalities that effect the Traveller population in Greater Belfast through improvements in health, housing, education/training, economic, young people's outcomes and integration activities.

Since An Munia Tober became part of the Bryson Charitable Group in April 2012 the charity has developed and implemented a range of programmes for Travellers that respond to the identified needs of this indigenous ethnically marginalised group as identified in the Northern Ireland Race Relations Order (1997).

Through developing and maintaining partnership approaches to working with Travellers, local communities, relevant statutory and voluntary bodies and other minority ethnic groups, An Munia Tober continues to promote good relations, integration and the building of community cohesion.

Health and Wellbeing

The aim of this project is to support services focused on the Health and Wellbeing of families, children and young people.

Below are some pictures of programmes which are on offer.

Falls Community Council Drug Awareness



Newstart Education Centre – Talking about tough issues group



Frank Gillen Centre – Bullying Awareness Group and Falls Youth Providers Fun Day & Personal Safety Workshop



Roden Street and St James Personal Development Programs



West Wide Disability

The aim of this project is to promote social inclusion by engaging with people with disabilities and their families. This project works with children, young people and adults with a range of disabilities – from severe complex needs to social and emotional issues, to support positive life changes environmentally, physically and socially.

Action On Disability's (AOD) and Kids Together's (KT) professional staff and volunteers ensured 2014 was a very exciting, challenging and progressive year. A big development took place in 2014 for Action on Disability as they re-named to **Action Ability Belfast** in consultation with their service users and associates. The re-naming came about to reflect the aim of what they do which is to help develop and harness

the natural abilities of our service users and lose focus on disabilities. They launched their new name and logo, incorporating a butterfly, in June with a celebration evening, of song and dance.

They have developed a new website which features a caterpillar turning into a butterfly. www.actionabilitybelfast.com. This is a well-known and poignant image that people recognise as transformation into bigger and better things, which is what we aim to support our service users in doing. Their range of activities throughout the year have been very successful and a range of new activities and partnerships have been established. They now work in partnership with the Tree of Life at Conway Mill where service users are able to experience a wider range of arts and crafts activities. The Expressions group were involved in an art project titled *Lights Out* at the City hall in August. Artists involved were Bob and Roberta Smith and Platform Arts. This project was around the theme of World War 1, the group created words around peace and war which was displayed along-side many other works in the grounds of the City Hall.

The services continue to develop and grow, befriending is in huge demand and the Floating Support team have increased their case-loads. The groups volunteers have continued to provide excellent support and many have received recognition through national awards for their great work.

A large number of service users and volunteer's achievements were recognised at the Success of the West awards in June. This was a wonderful event that gave recognition to many people who had never experienced receiving acknowledgment of their success.

The group has began research into the needs of people with disabilities within west Belfast, over 130 interviews and questionnaires were completed. Action on Disability's youth inclusion programmes across North, East, South and West Belfast have continued to flourish and grow. A number of young people who have benefited from the service have gone onto to become volunteers with Action on Disability and various other voluntary/ community organisations in West Belfast. This year's summer scheme was an overwhelming success with a vast array of activities on offer for both our young people and adults. The adults programme concluded with Action on Disability's Got Talent which was won by Brenda Wright. During the past year AOD

introduced two new services. The Royal National Institute for the Blind chose AOD as one of its partners in their Community Engagement Projects (CEPs). The project is piloting a range of evidence-based eye health interventions to understand how effective they are at increasing service uptake and treatment concordance.

Kids Together have also had a land mark year with the opening of new and improved premises within the Oasis Building on the Stewartstown Road. Kids Together continue a range of services to their clients including,

- Summer programme with a total of 182 children attending over July and August 2014;
- After school projects delivering provision of 6 sessions per week of which 64 children avail;
- Youth project delivered 4 sessions per week with 48 children using this service;
- Time for me project with 2 sessions per week with 20 children availing of this service.



Social Environment Programme (Crime)

The aim of this project is to support the priorities of the communities within West Belfast, these priorities are community safety, community participation and improving life at the interfaces.

Community Restorative Justice Ireland (CRJI) is a voluntary service within the local community. They are committed to building a just restorative process that is tolerant, responsive and inclusive. CRJI offers support, assistance and referrals to relevant agencies where appropriate and have established excellent relationships with all local organisations; Housing Associations, Youth Groups, Suicide Support Groups, Counselling Projects, Youth Services and Statutory Agencies.

They utilize all available resources in order to address the diverse range of issues presenting/referred that impact and affect the community. CRJI staff and practitioners provide a safe and confidential environment and their role is to provide an impartial structured format that brings local people together to enable them to resolve issues that are affecting their quality of life.

A brief description of what CRJI does and/or the activities it undertakes

To provide a mediation service for the local community.

To recruit, train, manage and support volunteers.

We also provide a victim/offender conferencing service to meet the needs of victims of crime and support offenders to make right the hurt they have caused.

To engage more members of the community in the governance of the organisation and meet their training and support needs.

To encourage collaboration and reintegration rather than coercion and isolation.



**DSD – Belfast Regeneration Office
West Team
Twin Spires Centre
Howard Building
155 Northumberland Street
BELFAST BT13 2JF
Telephone: 028 90 244535**