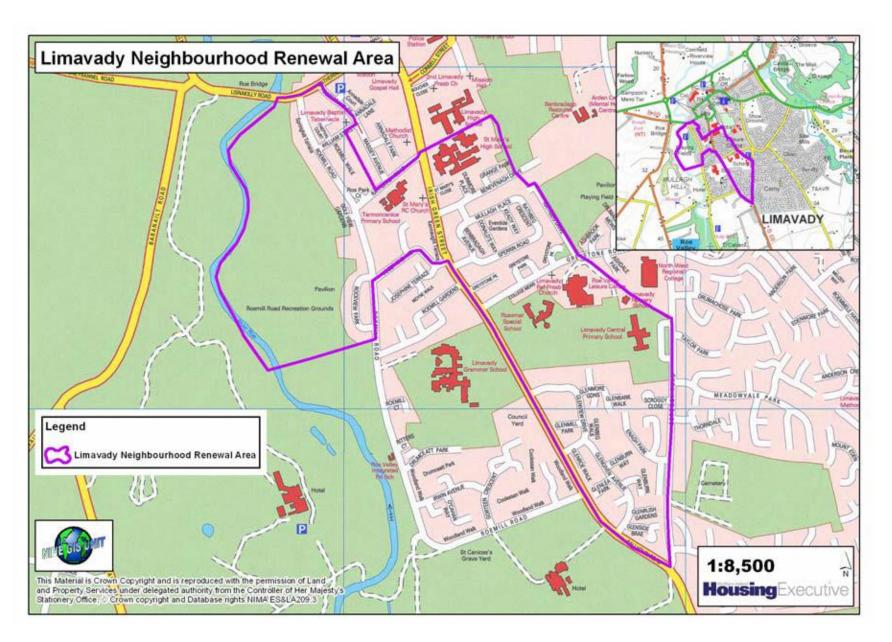


Limavady Neighbourhood Renewal Area Annual Report 2015 - 2016





Limavady Neighbourhood Renewal Partnership

ANNUAL REPORT - 2015/2016

About Neighbourhood Renewal

Neighbourhood Renewal aims to reduce the social and economic inequalities which characterise the most deprived areas of Limavady. Through the Neighbourhood Renewal Programme it does so by making a long term commitment to communities to work in partnership with them to identify and prioritise needs and co-ordinate interventions designed to address the underlying causes of poverty.

Neighbourhood Renewal Partnerships were established as representative of local community interests together with appropriate Government Departments, Public Sector Agencies, Private Sector interest and local elected representatives.

About Limavady Neighbourhood Partnership (LNP)

Limavady Neighbourhood Partnership is an inter-sectoral partnership of public, private and community/voluntary interests formally established in February 2006 to work with the Department of Social Development (DSD) North West Development Office on the delivery of the Department's Neighbourhood Renewal strategy, to take the lead in managing the Neighbourhood Renewal process in the Limavady Neighbourhood Renewal (NR) areas and to implement the Limavady NR Action Plan. The current Limavady NR Action Plan covers the four-year period April 2014 to March 2018 and is reviewed on an annual basis to ensure that it reflects the developing requirements of the area. The Action Plan is a 'live' document which is also considered at each bi-monthly Partnership meeting and amended as required on an ongoing basis.

The purpose of the Action Plan is to provide a strategic framework linking regional and local priorities for tackling disadvantage in NR areas. The Strategy Manager plays a key role and takes the lead in managing the NR process in Limavady and in implementing the Limavady Action Plan at a strategic, as well as at an operational level in the Limavady Neighbourhood Area and promotes the social, health and wellbeing, economic and physical renewal of the Partnership area. The main duties of the Strategy Manager include facilitating inter-sectoral and inter-agency partnership working, promoting the concept of the Partnership among all sectors through meetings, focus groups, workshops and seminars, identifying and enlisting the support of key influencers and agencies that will contribute to the work of the Partnership and ensuring the fit between the Limavady Action Plan and DSD's overarching strategy for the area. The Strategy Manager is accountable to the full Limavady Neighbourhood Partnership of representatives from key statutory, political and community interests within Limavady. The Strategy Manager is operationally managed through Causeway Coast and Glens Borough Council and adheres to all financial and governance policies and procedures operational within Council.

As part of the NR Partnership there are four Partnership sub-groups that meet regularly to ensure that the key aims contained within the NR Action Plan are progressed. Each of these four sub-groups focuses on one of the following over-arching areas of work:

- Education
- Health
- Economic Renewal
- Physical renewal.

The NR Partnership and the NR Partnership sub-groups operate within the four Strategic Objectives and the key aims of the NR Action Plan, as follows, (numbering does not imply priority order):

Strategic Objective 1 – Community Renewal

Key Aim - to develop confident communities that are able and committed to improving the quality of life in their areas through:

- increased community capacity and volunteering;
- building community confidence to enable a better lifestyle and to make better lifestyle choices;
- encouraging and improving active citizenship;
- engaging with and developing relationships between communities.

Strategic Objective 2 – Social Renewal

Key Aim – to improve social conditions for the people who live in the most deprived neighbourhoods through better coordinated public services and the creation of a safer environment by:

- working in partnership with the community and voluntary sector;
- providing projects and programmes that work towards improving the quality of life for residents living in the most deprived areas;
- working towards raising the standards in education for all ages.

Strategic Objective 3 - Economic Renewal

Key Aim – to develop economic activity in the most deprived neighbourhoods and connect them to the wider urban community by:

- working in partnership with the community and voluntary sector (C&VC), Department of Education (DoE), Department for Employment and Learning (DEL), Department for Social Development (DSD), other government departments and the private sector to encourage investment into the NR areas;
- developing relationships with organisations within Causeway Coast and Glens Borough Council (CC&GBC) to highlight Limavady as an area for investment;
- providing programmes that encourage all ages to increase their employability skills and give them access to support.

Strategic Objective 4 - Physical Renewal

Key Aim – to help create an attractive, safe, sustainable environment in the most deprived areas, i.e:

- creating safe and welcoming environments where residents feel proud to live;
- continuing to work in partnership with the NI Housing Executive and Department of Social Development to ensure services and projects are delivered;
- developing outdoor recreational areas;
- improving the appearance of the areas through projects such as entrance features, seating, etc;
- developing and facilitating community areas, projects and programmes.

Limavady Neighbourhood Renewal Partnership and Sub-group members are as follows:

Limavady Neighbourhood Renewal Partnership members

Name	Organisation
Tina Mc Closkey (Chair)	The Glens Community Association
Catherine Taylor (Vice Chair)	Be Safe Be Well
Cathy O'Kane/Karen Campbell	Roe Valley Residents' Association
Trudy Highlands	Limavady Community Development Initiative (LCDI)
Mark McChrystal	HUB, Dry Arch Centre
Sheila McWilliams	Coolessan Community Association
Hilary Canning	NI Housing Executive (NIHE)
June Neil	Education Authority NI (EANI)
Avril Morrow	Western Health and Social Care Trust (WH&SCT)
Raymond Craig	North West Regional College (NWRC)
CI Catherine Magee	Police Service NI (PSNI)
Ashleen Schenning	Limavady Volunteer Bureau
Diane Rathfield	Roe Valley Education Forum

Gavin Lunny Dept. of Culture, Arts & Leisure (DCAL)

Louise Scullion - Community Development Manager Causeway Coast & Glens Borough Council (CC&GBC)

Julie Welsh CC&GBC

Head of Service, Communities and Culture

Cllr Dermot Nicholl Sinn Féin

Cllr Brenda Chivers Sinn Féin

Mamie Anderson Strategy Manager

Dáirine McGarrigle/Kate McGregor Dept. of Social Development (DSD)

Education Sub Group

Name Organisation

Cathy O Kane/Karen Campbell (Chair) RVRA

Tina Mc Closkey The Glens CA

Sheila McWilliams Coolessan CA

Diane Broom Bovalley CA

Janice McClay Bovalley CA

June Neil EANI

Mark McChrystal Dry Arch Centre

Raymond Craig NWRC

Kate McGregor DSD

Michelle Friel Western Education and Libraries Board (Youth Service)

Kevin Friel Developing Relationships in Vulnerable Environments (DRIVE) project

Mary McCloskey St Mary's, Limavady

Marshall Kilgore Drumachose Primary School, Limavady

Darren Mornin Limavady High School

Julie Cummings Roe Valley Integrated Primary School, Limavady

Louise Scullion CC&GBC

Mamie Anderson Strategy Manager

Health Sub-Group

Name Organisation

Tina McCloskey (Chair) The Glens CA

Cathy O'Kane/Karen Campbell RVRA

Sheila McWilliams Coolessan CA

Mickey Cooke Flexicare

Camilla Rodgers Nhip Limavady

Elaine Campbell Lifestart

Eilish McCloskey WHSCT

Marie McLaughlin WHSCT (Nhip)

Sharon White Dry Arch Centre

Kate McGregor DSD

Louise Scullion CC&GBC

Mamie Anderson Strategy Manager

Economic Sub-Group

Name Organisation

Trudy Highlands LCDI Advice Service

Tina McCloskey The Glens CA

Cathy O'Kane/Karen Campbell RVRA

Sheila McWilliams Coolessan CA

Raymond Craig NWRC

Ashleen Schenning Limavady Volunteer Bureau

Diane Rathfield Roe Valley Education Forum

Victor Rutherford Jobs and Benefits

Ursula Martin Jobs and Benefits

Joanne Millar Roe Valley Enterprises

Kate McGregor DSD

Louise Scullion CC&GBC

Paul Beattie CC&GBC

Head of Service, Prosperity & Place

Mamie Anderson (Chair) Strategy Manager

Physical Environment Sub-Group

Name Organisation

Tina McCloskey The Glens CA

Cathy O'Kane/Karen Campbell RVRA

Sheila McWilliams Coolessan CA

Kate McGregor DSD

Hilary Canning NIHE

Louise Scullion CC&GBC

Mamie Anderson (Chair) Strategy Manager

Limavady Partnership Projects

The Neighbourhood Renewal Investment Fund has supported and funded seven projects in 2015/16 reporting year as follows:

Neighbourhood Renewal Strategy Manager

· 1 P/T post

The Strategy Manager is responsible for the implementation of the Limavady action plan and provides secretariat for and assistance to Limavady NR Partnership and its sub-groups, plus other meetings involving the NR community to prioritise actions and develop projects to meet the identified needs of the residents of the Limavady NR area. During 2015/16 the Strategy Manager's involvement in these other meetings included facilitating meetings of the Something New project, (lead by RVRA), youth activities meetings, the Steering Group for the PHA funded Limavady Family Support (affected or bereaved by suicide) programme and the DCAL cultural and arts programme, obtaining and overseeing the use of fundings for the PHA and DCAL projects while working in all of these areas in close liaison with the Glens, Roe Valley and Coolessan Associations. This post also provides a support network for all the organisations working within the NR area and assists in coordinating activities in a strategic manner. As a member of the Dry Arch HUB group, the Western Health and Social Care Trust led Nhip Board and the Foyle Drugs and Alcohol Forum, the Strategy Manager ensured that the needs of the Limavady NR area were kept under current consideration.

The four NR sub-groups operating in the Limavady NR area are the Education, Health, Physical Renewal and Economic Renewal sub-groups, as previously outlined. These groups, (and the Partnership), met on average bi-monthly throughout 2015/16.

Updates on the work of all four sub-groups are provided by the Strategy Manager to each bi-monthly Partnership meeting.

Roe Valley Residents Association

- 2 P/T Project Coordinators
- 1 P/T Administrator

Roe Valley Residents Association is based within the Hospital Lane estate in Limavady. The Association has continued to grow in strength over the last 12 months. With the continued investment from DSD Neighbourhood Renewal, the group has been able to plan, develop and deliver a wide range of projects and programmes aimed at tackling the range of problems prevalent in the Hospital Lane area. The Project Co-ordinators have engaged with hard to reach demographic groups, encouraged new volunteers and built upon existing volunteer skills, as well as offering a range of diversionary projects for young people living within the local area.

A range of educational initiatives were delivered in partnership with Northwest Regional College, Coastal Core Training and Springboard Opportunities. Essential Skills, Basic Food Hygiene and First Aid Training continue to be popular amongst the local residents. Reminiscence Projects, Intergenerational Projects and Women's Project were rolled out at various times in the year. These programmes only sought to continue to build upon the relationships between residents - young and old.

In addition to the weekly youth clubs which engage up to 100 children and young people, summer intervention programmes were run along with the annual Halloween and Christmas Celebrations. Family Outings and a Family Fun day were run during July and August.

The delivery of the 'Something New' project, funded by NIHE, engaged 100 young people and 20 volunteers across the four main estates in Limavady in a Community Cohesion Project. This was an exceptional opportunity which sought to develop and enhance the confidence and self-esteem levels of both the children and volunteers involved.

A further significant development for Roe Valley Residents in 2015 was establishment of a luncheon club for older residents in the local estates. Through funding from COAST, the group delivered several lunch dates for the older people in the estates to come and have a hot meal while forging new friendships.

The Management Committee of Roe Valley Residents Association would like to thank
Department for Social Development Neighbourhood Renewal for their continued investment
and support in the Hospital Lane estates.

















The Glens Community Association

- 1 X F/T Project Coordinator
- 1 X F/T DRIVE worker

The Glens Community Association continues to provide a wide range of programmes and activities for all ages in the Glens estate. They also provide an advice service with LCDI once a week at the community house where residents can come to receive confidential information, support and advice. The youth club continues to attract the young people of the area and provides a safe environment for young people to come and take part in a number of activities. Extended provision provided by WELB youth service is a vital service offered to teenagers at the weekends on Friday and Sunday evenings, where young people come into a safe, warm and relaxing environment which keeps them off the streets two weekend evenings.

The Glens Community Association offer classes and activities such as sewing/knitting classes, fly tying/fishing programme, Relax Kids classes, Halloween activities, and a family Christmas party. These programmes encourage all ages to come into the community house and see what is on offer.

The Association also runs educational programmes such as Essential Skills literacy and numeracy which gives residents qualifications to enable them to secure employment. Their community garden encourages residents to help with its upkeep and to grow flowers and vegetables for the community.

Funding secured from PHA for Families Bereaved by Suicide, DCAL and NIHE have provided a range of additional programmes such as guitar lessons, pottery, memory bench making, memory quilt making, drama for young people, dance for young people, single identity workshops, Graffiti Art workshops, etc. The Glens also secured funding from Youth Justice to run a very successful

Early Intervention Training Programme. The young people aged 14-17 made their own benches at the "Men's Shed", worked towards an OCN accreditation in Law and Order and made planters to give to local residents. North West Regional College have delivered free accredited courses in a variety of subjects such as First Aid, Paediatric First Aid, Food Safety in Catering, Safeguarding Children, Sage Accounts and Nail Art. There was a good uptake in these courses with the Limavady area showing the highest uptake among all of the North West NR areas. At 31 March, 2016 two of the courses were completed with qualifications gained. Remaining courses continued from April 2016.



RESIDENTS PARTICIPATING IN CLASSES AT THE GLENS COMMUNITY HOUSE

The work of projects funded by DSD and by other agencies are reported on via the sub-groups. Examples are as follows:

Education Sub-Group

Towards the end of 2015/16 it was agreed that youth projects working within the NR areas would report to the NR Education Sub-Group instead of having separate Youth Work meetings. Prior to this, separate Youth Work meetings had been held over the summer months of 2015 when a large number of projects were running simultaneously, managed by various groups within the NR area or providing services to the NR area. Those who attended these meetings included: Western Education and Library Board Youth Worker, RVRA, The Glens Association, the Drive project worker, Coolessan RA and Bovalley RA. All of the detailed information regarding days, times, duration of various schemes were discussed in order to ensure minimal duplication and maximum opportunities for young people to attend as many of the activities on offer as possible.

Items discussed at the Education Sub-Group meetings also included a successful application to DSD for continuation of the Speech and Language project aimed at improving the performance of primary school children, (facilitated via Drumachose Primary School), and the successful application to DSD for the Teenage Action Group (TAG) project aimed at older children who encountered difficulties learning via the standard methods used by schools. The TAG project tackled issues such as social isolation, compromised social skills, low mood, low attainment in school, poor school attendance, behaviour management issues, limited self-care skills, substance misuse, health risk behaviours and victimised by bullying behaviour. Funding of £7k was also received from DCAL and this provided 24 guitars and lessons for young people plus pottery classes for 20 adults, the majority of whom were from the NR area.

Examples of activities undertaken by various NR projects which had an education focus are as follows:

D.R.I.V.E. (Developing Relationships in Vulnerable Environments) Project



The D.R.I.V.E. Project is aimed at children and young people ages between 5-13 years and their parents. It delivers on the following themes:

- Relationships
- Respect
- Health and Hygiene
- Environmental
- Community Safety

This project has a primary emphasis on "hard to reach" families in the Neighbourhood Renewal Area. This project relies on the support of volunteers in all four community groups within or attached to the NR area. Partnership working between, Roe Valley Residents, The Glens Community Association, Coolessan Community Association, Bovalley Community Association Causeway Coast & Glens Borough Council, NI Education Authority, Sure Start and the local primary schools continue to ensure that these hard to reach families are targeted and given the opportunity to participate in family programmes and then link them with other organisations such as the schools, Community Centres, NI Education Authority Youth Service and Sure Start. Programmes in 2015-2016:

Relationships:

The ethos of this element of the DRIVE programme was to encourage and engage with young people and their wider families in order to strengthen family units within the Limavady Neighbourhood Renewal Area. The project encouraged parents to become volunteers in the programme and by actively participating they also learned new skills.

This first 6 week programme engaged with the children and their parents to embrace a sense of community pride. Children were encouraged to ask questions and obtain information about themselves and their neighbourhood from their parents/grandparents.

Parents were also involved in workshops to identify their role in strengthening their relationships with their children.

This element of the programme engaged children aged 5 -13 years in a 6 week programme which addressed issues surrounding themselves, their family and their community, and tackled issues of positive citizenship, community pride, bullying, body image and age appropriate sexual health education.

Confidence building:

The confidence building element of the programme consisted of 6 weeks of Relax Kids classes, where children were taught methods of relaxation and concentration, and Drama Bugs drama and dance classes, to build their confidence and self-esteem. Parents were involved in this aspect of the programme in supervising the children during their confidence and self esteem building classes. The programme also empowered parents, through delegation of responsibilities, to directly supervise children during these workshops. By doing so, parents and volunteers learned and implemented new strategies and methods regarding how to best discipline negative behaviours. This resulted in also building parents' self-esteem and confidence.

The programme operated in both Roe Valley Residents Association community centre and the Glens community centre. An average of 70 young people attended nightly at the Roe Valley Residents Association community house and at The Glens. Young people from the Coolessan area also attended the Glens community house.

Health and Hygiene:

This element of the DRIVE programme facilitated volunteers/parents in encouraging the children and young people to make healthier lifestyle choices. The project operated over three weeks at various locations on Mondays, Tuesdays and Wednesdays.

51 young people participated in health education/healthy lifestyle choices including personal hygiene, healthy eating and guided walks. The healthy eating classes included a taster Cook-It session and the opportunity to try different fruit and foods that they would not ordinarily have had before. Parents also participated in taster sessions which demonstrated how to encourage their children to lead healthier lifestyles in an interactive and educational way. By doing so, this also indirectly educated the parents in the importance of their own personal hygiene and health implications. The programme also educated the parents and children on the importance of routine and diet in child development.

Physical Activity:

The Physical activity aspect of the programme involved swimming lessons at Roe Valley Leisure centre for 6 weeks on Sundays. This strand of the programme was very successful and had 73 people attending over the 6 weeks with an average attendance rate of 56 young people each week. The young people were all graded and moved to their next swimming level. This programme fully engaged the parents of the young people and the parental involvement was very high throughout.

Educational Activity:

A number of schools in and associated with the NR area participated in the Drive programme. At June 2015 numbers of young people participating were as follows:

Drumachose Primary School	18
Central Primary School	4
Termoncanice Primary School	35
Roe Valley Integrated Primary School	11

St. Mary's High School	6
Limavady High School	6
Limavady Grammar School	2

Educational initiatives undertaken during 2015/16 included a programme involving maths, English, science, nutrition and paired reading, which operated at Playspace in Limavady on Tuesday and Wednesday evenings over a six week period. One of the fun factors used to sustain interest involved young people picking letters and numbers from a bouncy castle in answer to questions. The paired reading involved parents and volunteers alongside the children. This programme had a total attendance at February 2016 of 87 young people from The Glens, Roe Valley, Coolessan and Bovalley areas. The Glens Community Association sourced funding from PSNI for a trip at the end of the programme to RADAR (N. Ireland's first fully interactive, safety and life skills education centre) in Belfast for the senior children and to Wane's World for juniors.

DRIVE educational interventions were particularly successful in 2015/16 with higher participation than in previous years.

Environmental Project:

The Environmental project continued to be a great success, with the young people planting raised beds, hanging baskets, growing vegetables and making bird houses. This programme was very popular with the young people as they took great pride in seeing the plants and vegetables growing.



ENVIRONMENTAL PROJECT



North West Regional College

NWRC provided free accredited training to NR residents in community settings on various subjects including C&G L2 Nail Art, C&G L2 Food Safety in Catering, C&G Safeguarding Children and Young People, C&G L1 Sage Accounts, BTEC Paediatric First Aid and First Aid in the Workplace. Classes ran from January 2016 and some are still running at May 2016. 113 people enrolled.

Education Authority Western Region- Enjoying Learning and Achieving in Limavady

The young people from within the Neighbourhood Renewal Area have completed a wide range of topics such as Mental and Physical Health programmes, CRED, Disability Awareness, Drugs and Alcohol, Leadership, Community Relations, Inclusion, Volunteering, Youth Intervention, TBUC and Personal and Personal and Social development.

Young people have attended workshops and trips and have improved their educational knowledge and enhanced confidence and self-esteem. They have an increased self-awareness and have built up resilience and an ability to manage their feelings in a more positive way. They have become more aware of others around them and their surroundings and have an increased sense of belonging to their communities.

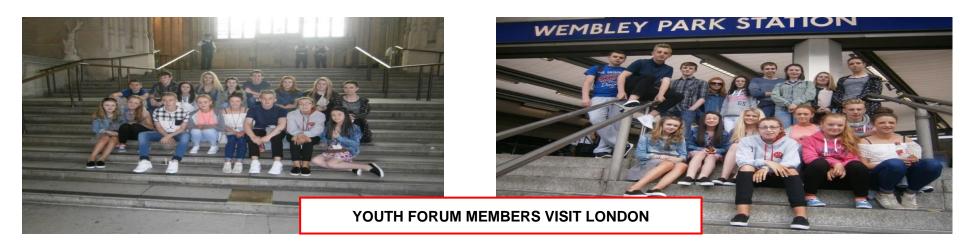
Work in Rossmar special needs school has seen a great relationship built up with a group of 5th year students. The young people are currently completing an OCN in Young Adult Development.



ROSSMAR SPECIAL NEEDS SCHOOL PUPILS TAKE PART IN TEAM-BUILDING EXERCISES



Members of the Limavady NRA Youth Forum took part in an educational visit to London as part of a politics programme in partnership with Limavady Youth Council. 17 young people and 3 workers enjoyed a 3 day trip to the capital where the focus was a visit to Westminster. The young people had an amazing time and the learning and memories will last a long time.



Forum members also completed Leadership and First Aid training to help improve confidence and build capacity.





Through the Playhouse programme 12 young people examined the consequences of risk taking behaviours and focused on positive use of their time. They completed an OCN in DJ skills and planned, implemented and carried out a DJ event attended by their peers just before Christmas.





DJ SKILLS PROJECT

Dry Arch Teenage Action Group (TAG) Programme

As it was found that too many local children lead lives of anxious isolation, the Dry Arch Children's Centre Youth Mentors, in partnership with local schools, childcare professionals, Tesco Community Champion and four community groups across the Neighbourhood Renewal (NR) area, developed and delivered the Teenage Action Group (TAG) programme to support and encourage young people who needed extra help to improve their educational, social and life opportunities. Department of Social Development invested £12,000 in the six-week programme that also comprised a parent support programme and workshop for parents, referrers and professionals on helping young people to identify their many abilities and individual learning styles as this is so important for educational achievement. As families stressed the need for the programme to continue, Dry Arch Children's Centre funded a follow-up programme into 2016/17 on an interim basis, pending further funding, to ensure its clearly evidenced success will be sustained over time, thus enabling group members to integrate more fully into universal support, leisure and other services.

Each young person received a personalised Record of Achievement portfolio at a Celebration of Achievement event at the Roe Valley Arts and Cultural Centre hosted by the Mayor of Causeway Coast and Glens Borough Council. Young people, parents and referrers noted very significant positive change on key outcomes such as motivation and self-worth. One parent, in particular, spoke of the transformative impact the programme had for both her life and that of her daughter. In total, 12 young people, 6 parents and 10 community workers/professionals participated in TAG programme activities. Such was its success that efforts are being made to build on this partnership approach for the benefit of the many other young people within Limavady NR area whose lives could be so much better for it. Further detail regarding participants is as follows:-

- Of the total of 12 young people participating in TAG, 10 took part in group activities. The remaining 2 young people had agreed to participate in group sessions but did not do so as they found the group setting too intense. This was to be expected given the vulnerability of the target group. Those young people who were unable to work in groups were seen by the Dry Arch Youth Mentors on an individual basis. In this way, all 12 young people received services under the TAG programme that met their individual needs.
- The parents of all 12 children received advice and support. In total, this involved 15 adults as some were single-parent families. As with their children, a range of group work and individual inputs were delivered as 6 parents agreed to attend group sessions. 2 of these dropped out as they found group-work too intense. So 4 parents fully participated in the 4-week programme, 2 partially attended it and the remaining 9 received advice and support on parenting issues on an individual basis.
- 10 community workers/professional staff were also recipients of services. They attended a Finger-Print Learning workshop on the basis that parents, teachers, referrers and funders should experience this important element of the TAG programme, especially given its holistic approach. This helped ensure that, when the young people went back home, to school or in their communities with their new insights and learning, this would best be embedded with the support of informed adults who shared responsibility for them. In this way benefits from the TAG programme could be maximised.

The photographs below show a few of the many activities undertaken by the TAG group.





A SELECTION OF TAG ACTIVITIES

Speech and Language Therapy Project

A Speech and Language Therapist was funded by DSD during the three month period of January to March 2016 to build upon the work undertaken in 2014/15 with primary and nursery schools in the NR area. A needs assessment exercise undertaken in 2014/15 highlighted that 68% of pupils had language delay. This figure was 18% above the national average. This project was facilitated through Drumachose Primary School and was delivered in 5 nursery and primary schools in the Limavady NR area. 280 pupils were involved through whole class intervention, language groups, individual therapy and training for parents and staff. £12,000 was originally awarded to this project. The spend for this project was £7,976.

Social Renewal Health

A Family Support programme, (for families bereaved or affected by suicide), was facilitated with £10k funding from PHA and the Steering Group which advised on this programme also reported to the Health Sub-Group via the Strategy Manager. This programme encompassed a number of projects including memory blanket and memory bench classes, dance and drama classes, complementary therapies, mindfulness classes, a drugs and alcohol awareness session and family activity days. 130 participants took part in this programme.

In addition to this, the main focus of the Health Sub-Group was the Nhip project, with the Nhip Worker reporting at these meetings.

Western Health and Social Care Trust - Neighbourhood Health Improvement programme (Nhip)

Provides a part-time Health Development worker and programme costs. The purpose of the Neighbourhood Health Improvement Project, which is managed by the Western Health and Social Care Trust, is to continue to develop and deliver programmes/initiatives to enable residents in communities in the Neighbourhood Renewal area to improve their health and well-being. The Nhip programme has delivered the following elements in 2015/16: Teenage Health (12-19 years), Men's Health, Ladies Positive Lifestyles. Details of these elements are as follows:

Teenage Health – a 10 month engagement programme across three community areas capturing teenagers' health needs, (physical/mental/social), and promoting positive lifestyle choices through exercise and by raising awareness through current issues in the NR areas that teenagers deal with. Particular emphasis has been on the effects of alcohol and drug misuse, sexual health, contraception, positive thinking, nutrition and self-harm. Parents and family members have also been involved in supporting

teenagers via healthy eating classes, etc. Participants were also encouraged to volunteer which leads to learning new skills, social inclusion and improved self-confidence.

Men's Health – a 10 month programme delivering on health issues via workshops alongside physical fitness and development of new skills through men's shed projects, etc. Increased nutritional awareness was also promoted through growing and eating foods. The majority of participants are unemployed and in some way vulnerable or have experienced life issues requiring extra help, guidance and support.

Ladies' Positive Lifestyles – a six monthly programme focusing on fitness/weight loss plus female health including action cancer breast screening, MOT health checks and other health/nutritional elements. Positive parenting was also promoted, including extra support to mothers with younger families. Improved psychological status has been obtained via provision of CBT and alternative therapies. Ladies were also linked with walking and running clubs in Limavady.

Economic Renewal

DEL report at each meeting on the programmes and training opportunities available to the unemployed in the area including Work Training Support (IWTS) and the Work Experience Programme (WEP). Contact has been made with the TESCO community champion, who attended a Partnership Board meeting to advise on funding available to community schemes from TESCO.

Causeway Coast & Glens Borough Council - NR Advice Officer

This project funds Causeway Coast and Glens Borough Council to provide an advisory service which is managed by Limavady Community Development Initiative (LCDI). This service ensures that individuals do not suffer through insufficient understanding of their rights and provides advisory services within the NR area so that residents are aware of their benefit entitlements. The service provides assistance with appeals, completing application forms and signposting to other services. In the year 2015/16 this service has generated £292,316 in benefits income for clients in the Limavady NR area.

Physical Renewal

Community houses - both The Glens and Roe Valley Residents' Association community houses received refurbishment by the Housing Executive during 2015/16 with RVRA still out of their premises and temporarily resident in the LCDI offices at 31st March, 2016. Some end-of-year funding was also made available to The Glens, whose renovations were completed in 2015/16, with finishing touches such as a replacement shutter and provision of a sheltered area at the side of the community house.

Unity Bridge - planning work continued on the Unity Bridge project, which is Big Lottery funded and administered by CFNI with technical input from Groundwork NI. The planned bridge will straddle the Backburn Path between Limavady High School and St. Mary's school on Irish Green Street in Limavady. The aim of the project is to bring both communities together by upgrading the Backburn Path, facilitating easier interchange between students from both schools and providing joint community activities in the newly refurbished area.

Small Capital Grant - The Glens Community Association received funding of £6,675 from DSD for a Re-Imaging Project in 2015/16. The funding was used to paint artwork on the dull grey security shutters which are now bright and colourful and make the Glens community house more visible in the estate. A security door was also installed on the back of the premises plus a metal security frame around the oil tank as theft of oil from this tank had been a problem. A shelter was also erected in the back yard so that members can enjoy participating in projects outside in all weathers. Below are photographs of the work completed.





ARTWORKS ON GLENS COMMUNITY HOUSE

Limavady Partnership 2015/16 Expenditure (by Strategic Objective)

The following table details current projects funded via the Neighbourhood Renewal Investment fund. It also details the 2015/16 individual allocation for each project, the total amount of expenditure by strategic objective and the overall 2015/16 total expenditure in the Limavady Neighbourhood Renewal Area.

Programme/Project	Contract for Funding (CFF) Funding Period	CFF Funding Amount (Project allocation)	15/16 Spend (as at 31/03/2016)
COMMUNITY RENEWAL			
Roe Valley Residents Association – Salaries & Running Costs	1 April 2015 to 31 March 2016	£40,524	£40,524
The Glens Community Association – Core Salaries, Running Costs & Programme Costs	1 April 2015 to 31 March 2016	£35,715	£35,715
Causeway Coast & Glens Borough Council – Limavady Technical Assistance	1 April 2015 to 31 March 2016	£27,325	£27,325
Total Community Renewal Expenditure			£103,564
SOCIAL RENEWAL - EDUCATION			
The Glens Community Association – The DRIVE Project	1 April 2015 to 31 March 2016	£41,046	£41,046
Education Authority Western Region - Enjoy Learning & Achieving in Limavady	1 April 2015 to 31 March 2016	£37,969	£37,969
The Dry Arch Children's Centre - Teenage Action Group (TAG)	20 January 2016 to 31 March 2016	£12,000	£12,000
Drumachose Primary School - Speech & Language Therapy	1 January 2016 to 31 March 2016	£12,000	£7,976
Total Social Renewal – Education Expenditure			£98,991

SOCIAL RENEWAL – HEALTH			
Western Health & Social Care Trust – (NHIP) Neighbourhood Health Improvement Project	1 April 2015 to 31 March 2016	£208,774	£8,685
Total Social Renewal – Health Expenditure			£8,685
PHYSICAL RENEWAL			
The Glens Community Association – The Glens Re-imaging Project	20 January 2016 to 31 March 2016	£6,675	£6,675
Total Physical Renewal Expenditure			£6,675
ECONOMIC RENEWAL			
Causeway Coast & Glens Borough Council - NR Advice Officer	1 April 2015 to 31 March 2016	£18,140	£18,140
Total Economic Renewal Expenditure			£18,140
OVERALL TOTAL			£236,055

ACHIEVEMENTS OF LIMAVADY NEIGHBOURHOOD RENEWAL FUNDING IN 15/16 YEAR

Community Renewal Output Measures

Community Renewal Output Weasures									
PROJECT (LIMAVADY)	CR 1 – Number of people participating in community relations projects.	CR 2 – Number of people participating in community bonding projects.	CR 3 – Number of people volunteering for community development activities.	CR 4 – Number of people engaged/involved in unpaid voluntary work.	CR 5 – Number of people receiving training in community development skills/capacity building.	CR 6 – Number of people using new or improved community facilities.	CR 7 – Number of community/voluntary groups supported.	CR 9 – Number of people involved in projects that promote shared space.	CR 10 – Number of people using existing community facilities.
Causeway Coast & Glens Borough Council –				16					
Generalist Advice Service									
Education Authority Western Region - Enjoy	75			43					
Learning & Achieving in Limavady									
The Dry Arch Children's Centre – Teenage Action		37				37	4	37	
Group (TAG)									
The Glens Community Association – Core Salaries,			48		147				
Running Costs & Programme Costs									
The Glens Community Association – The DRIVE			31		178				
Project									
Roe Valley Residents Association- Salaries & Running Costs			32						496
Running 003t5									

Community Renewal – Advice Projects Output Measures

PROJECT (LIMAVADY)	CR 12 – Number of enquiries and clients by category.	CR 13 – Total number of beneficiaries (including family members).
Causeway Coast & Glens Borough Council – Generalist Advice Service	1348	1350

Economic Renewal Output Measures

PROJECT (LIMAVADY)	ER 2 – Number of residents going into employment.	ER 14 – Number of people attaining a formal qualification from participation in Adult Education.	ER 15 – Number of FTE jobs safeguarded.
Causeway Coast & Glens Borough Council – Generalist Advice Service	43		1
Causeway Coast & Glens Borough Council – Technical Assistance			1
Education Authority Western Region - Enjoy Learning & Achieving in Limavady			1
The Glens Community Association – Core Salaries, Running Costs & Programme Costs		48	1
The Glens Community Association – The DRIVE Project			1
Roe Valley Residents Association- Salaries & Running Costs		36	1.6

Social Renewal (Education) Output Measures

Social Renewal (Education) Output Measures								
PROJECT (LIMAVADY)	SR (ED) 3 – Number of pupils whose attainment is measurably enhanced/improved.	SR (ED) 5 – Number of people engaged in parenting skills/development programmes.	SR (ED) 8 – Number of pupils directly benefiting from project.	SR (ED) 14 – Number of young people directly benefiting from the project.	SR (ED) 17 – Type and number of accredited qualifications completed.	SR (ED) 18 – Number of pupils directly benefitting from/being supported by the project.	SR(ED) 20 – Number of children and young people having access to specialist support to enhance their physical and emotional wellbeing.	SR(ED) 27 – Number of people engaged in parenting skills/development programmes.
Drumachose Primary School – Speech & Language		29				280		
Therapy		20				200		
Education Authority Western Region - Enjoy				151	51			20
Learning & Achieving in Limavady								
The Dry Arch Children's Centre – Teenage Action		15		12				
Group (TAG)								
The Glens Community Association – Core Salaries,		86						
Running Costs & Programme Costs		50	405				000	
The Glens Community Association – The DRIVE Project	55	53	125				200	
Roe Valley Residents Association- Salaries &								
Running Costs								

Social Renewal (Health) Output Measures

Oblai Kenewai (Health) Oatpat Measares		
PROJECT (LIMAVADY)	SR (H) 1 – Number of people benefiting from Healthy Lifestyle Projects.	SR (H) 2 – Number of people attending Health Education/ Awareness Initiatives.
Education Authority Western Region - Enjoy	20	
Learning & Achieving in Limavady		
The Dry Arch Children's Centre – Teenage Action Group (TAG)		37
The Glens Community Association – Core Salaries, Running Costs & Programme Costs		97
The Glens Community Association – The DRIVE Project		121
Roe Valley Residents Association- Salaries & Running Costs		244

Social Renewal (Crime) Output Measures

Social Reflewal (Criffle) Output Measures		
PROJECT (LIMAVADY)	SR (C) 2 – Number of community safety initiatives implemented.	SR (C) 3 – Number of people participating/attending community safety initiatives.
Drumachose Primary School – Speech & Language Therapy		
Education Authority Western Region - Enjoy Learning & Achieving in Limavady	6	65
The Dry Arch Children's Centre – Teenage Action Group (TAG)		37
The Glens Community Association – Core Salaries, Running Costs & Programme Costs		94
The Glens Community Association – The DRIVE Project		132
Roe Valley Residents Association- Salaries & Running Costs		323

Physical Renewal Output Measures

- Hydrodi Horrottal Galpat Inicadal Go	
	PR 6 – Number of community facilities improved.
PROJECT (LIMAVADY)	
The Glens Community Association – The Glens Re-	1
imaging Project	

Limavady Partnership Conclusion

In the 2015/16 financial year, the Limavady Partnership total overall spend was £236,055.

The spend by Strategic Objective is as follows:

Economic Renewal: £18,140

Physical Renewal: £6,675

Social Renewal: £107,676

Community Renewal: £103,564

In the 2015/16 financial year, Limavady Partnership maximised the funding from Neighbourhood Renewal Investment Fund to ensure the projects delivered a range of benefits to the area for people of all ages. Outputs included increased participation in community events, increased social skills of the residents of the neighbourhood renewal area and overall increased community capacity.

We wish to thank all the Neighbourhood Partnership members and their respective organisations for their commitment to the programme and look forward to the continued development of projects which will meet the needs of the residents in the Neighbourhood Renewal area and improve their quality of life.



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